# Christ Our Life® AT-HOME EDITION



# Page 43 Unit 2: Jesus Christ the Truth

## **Before You Begin**

Read A Letter Home, found on page 78 of the Student Book.

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
- 2. In this unit, your child will demonstrate an understanding of how to follow Jesus in daily life. Your child will also articulate his or her responsibility to respect life.
- 3. As you work with your child on this unit, reflect on how you respect life and share your insights with your child.
- 4. Familiarize yourself with the **Words to Know** for Chapter 10: *evangelization* and *Magisterium*. Other key terms in this chapter include *doctrine*, *dogma*, and *parable*.
- 5. Decide how or whether you will experience the media for this unit and chapter.

## Page 77 Unit Opener

Invite your child to turn to page 77. Read aloud the unit title, **Jesus Christ the Truth.** Have your child read aloud the Scripture passage at the bottom of page 77. Discuss what this passage tells us about Jesus.

Discuss the pictures on the page. Read John 19:19. Say: *The letters* INRI *are an abbreviation meaning "Jesus of Nazareth, King of the Jews."* Ask: *What does the bottom picture show?* (Jesus entering Jerusalem) Say: *Clouds and light are symbols of the Holy Spirit to indicate the revelation of the living and saving God. What do all these images us tell us about who Jesus is?* (He is the Messiah, the Son of God, come to save us.)

If you choose, scan the QR code on the page and watch the video together.

# Page 79 Chapter 10: Parables: Stories Jesus Told Living in the Light

Ask your child to summarize some of the things that he or she learned about Jesus from Unit 1. Ask: *Why is Jesus the way to eternal life?* (He is the Son of God.) Together with your child, discuss what God's plan for us is.

# **Teachings of Twenty Centuries**

Ask your child to share what he or she thinks the word *evangelization* means. Then read aloud the definition of *evangelization* from the **Words to Know** box on page 79. Ask your child to read the first paragraph of **Teaching of Twenty Centuries**. Say: *There is a saying that is often attributed to Saint Francis of Assisi, "Preach the Gospel. Use words only when necessary." What do you think this means?* (We can evangelize by our actions; our actions can be more effective at proclaiming the Gospel than words.)

Ask your child to read the second paragraph of this section. Read aloud the definition of the word *Magisterium* from the **Words to Know** feature on page 79. Ask: *Why do the pope and the bishops in union with the pope hold the teaching authority of the Church?* (Because of apostolic succession, they hand on the teaching of the Church.) *You may want to review the meaning of* apostolic succession *with your child from Chapter 7 in the Student Book.* Invite your child to share some of the doctrines that he or she learned from Unit 1.

Ask your child to read the last paragraph on page 79. Say: *The truth does not change, but the Holy Spirit always leads the Church into a deeper understanding of the truth.* Share examples of when the teaching of the Church helped you in your life.

## Page 80 Stories That Teach

Ask your child to read this section and define the word *parable* in his or her own words. Read aloud Matthew 13:13 from the **God's Word** feature. Ask: *Why did Jesus use parables to teach about the Kingdom of God?* (Jesus used parables to invite those who heard them to believe in his Gospel.)

## **How Parables Work**

Say: *Parables are not short stories. When we understand how parables work, we will have a better understanding of what Jesus is trying to teach us.* Ask your child to read this section and then summarize it in his or her own words. Say: *You will use this information to understand the parables on the following pages.* 

## Pages 81-82 Kingdom Parables

Have your child read this section. Ask: *What is the Kingdom of God?* (It is the relationship between God and his people that is marked by peace, justice, and love.) Ask: *How do Jesus' parables help us?* (They will help us understand how to live the Kingdom of God.) Invite your child to name the parables he or she already knows and summarize them, if possible. Share with your child one of your favorite parables and how you have tried to apply it to your life.

If you choose, scan the QR code on the page and listen to the audio together.

Have your child complete the activities **Probing the Parables**, **True Riches**, **What Is God's Kingdom Like**, and **The Sower** on pages 81 and 82.

Pray together **A Moment with Jesus** on page 82. Invite your child to share what he or she has learned from the parables that were studied in the chapter.

## Pages 83-84 Chapter Review

Help your child complete the Chapter 10 Review on page 83. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to write his or her response in a reflection notebook.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary**. Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 84.

## Page 85 Families in Mission

Complete the Families in Mission pages with your child.

#### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 85. Say: *Jesus' parables help us understand the mysteries of God.* 

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Learning the truth of Jesus Christ is a lifelong journey.* 

### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: evangelize others.) Say: *As disciples, we are called to share that truth with the world*.

Access additional Family Resources by scanning the QR code at the bottom of page 85.

## Page 86 Families in Mission

### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 86. Explain that many saints were persecuted for their faith, but despite what they suffered, they remained true to the Gospel. Say: *Saint Stephen was a witness for Christ in the early Christian community. He inspires us to witness our faith too.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *Each of us are called to share the truth of Jesus Christ with others.* 

Together, read Hebrews 1:1-4 and reflect silently upon the reading.

# Page 87 Chapter 11: Miracles and Signs: Jesus the Miracle Worker

## **Before You Begin**

- 6. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 7. Throughout the lesson, help your child realize that, through acts of kindness and compassion, they can right wrongs, heal hurts, and confront evil in order to make a better world.
- 8. Familiarize yourself with the Word to Know for this chapter: miracle.
- 9. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# Miracles Reveal God's Kingdom

Invite your child to share examples of miracles. Examples might include natural phenomena, a fortunate event, or a random act of kindness. Read aloud the definition of *miracle* from the **Word to Know** feature on page 87.

Say: *We often use the word* miracle *to describe events or things that defy explanation.* Have your child read both paragraphs of this section. Ask: *Why did Jesus perform miracles?* (to demonstrate God's saving power) Say: *We can think of a miracle as a sign of God's action in our lives.* Invite your child to share an example of when he or she felt God's active presence in his or her life. Your child may prefer to write his or her answer in a reflection notebook.

# **Acts That Teach**

Read aloud John 10:37 from the **God's Word** feature on page 87. Ask: *What reason does Jesus give for performing miracles?* (He wants to show that he and the Father are one.)

Ask your child to read the first paragraph of this section. Have your child name as many of Jesus' miracles as he or she can recall. Say: *Jesus' miracles invite us to believe that he is the Son of God come to save us.* Ask your child to read the remaining two paragraphs of this section. Say: *Jesus' miracles proclaim the Good News.* 

# Pages 88-89 Kingdom Miracles

Ask your child to read this section and then summarize each of the main points. Say: We will take a closer look at some of Jesus' miracles. As you complete the activities, think about what these miracles say about the Kingdom of God and how they invite you to have faith in Jesus. Have your child complete the activities **Wine Overflowing**, **Stilling a Storm**, **Rising from Paralysis and Sin**, and **A Burst of Miracles** on page 89. If you choose, scan the QR code on the page and listen to the audio together.

## Page 90 A Person for Others

Ask your child to think of examples of compassion before having him or her read this section. Say: *Look at the list of compassionate acts at the end of this section. When are times when you have performed acts of love such as these*? Your child may want to respond in a reflection notebook. After your child has responded, ask him or her to complete the activity **Compassionate Works** on page 90.

Pray together **A Moment with Jesus** on page 90. Share your thoughts with each other and think of ways you can respond with compassion to the person you thought of during the reflection.

## Pages 91-92 Chapter Review

Help your child complete the Chapter 11 Review on page 91. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to answer two or three questions in a reflection notebook.

Review the **Word to Know** in this chapter by locating the word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 92.

## Page 93 Families in Mission

Complete the Families in Mission pages with your child.

### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 93. Say: *We recognize God's presence and power in miracles and signs. We stand in wonder and awe at God's love.* 

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Awareness of God and faith in his love allow us to recognize his miracles.* 

#### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: Resurrection) Say: *Through his miracles, Jesus demonstrates that he has the power to save us from sin and death.* 

Access additional Family Resources by scanning the QR code at the bottom of page 93.

## Page 94 Families in Mission, continued

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 94. Explain that the saints show us how to be humble. Say: *Although Saint André Bessette was acclaimed widely as a worker of miracles, he humbly credited God and the intervention of Saint Joseph for the miraculous healings that were reported.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *The more we pay attention to God, the more we will see him active in our lives and the lives of others.* 

Together, read Matthew 17:20 and reflect silently upon the reading to bring the chapter to a close.

# Page 95 Chapter 12: Reconciliation and Anointing of the Sick: Jesus the Healer

## **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. As part of this lesson, you may want to pray with your child for friends and family members who are sick.
- 3. Familiarize yourself with the **Words to Know** for this chapter: *examination of conscience* and *viaticum*.
- 4. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# The Sacraments of Healing

Have your child read this section. Say: *The Church, as the Body of Christ, continues Jesus' healing ministry today. He heals us through the Sacraments of Healing.* 

Read aloud Matthew 8:16 from the **God's Word** feature on page 95. Review some of Jesus' healing miracles from Chapter 11. Ask *What do Jesus' healing miracles tell us about God's plan for us?* (Sickness is not part of God's plan.)

# The Gift of Healing

Have your child read this section. Ask: *Why did Christ give the Church the Sacrament of Penance and Reconciliation?* (He wants to lead us away from sin and back God.) Ask: *Why did Christ give the Church the Sacrament of the Anointing of the Sick?* (He does not want us to suffer.)

Have your child complete the activities **Disciples Who Heal** on page 95. Share your own responses to these questions with your child. Take a moment to pray with your child for sick family members and friends.

# Page 96 The Sacrament of Reconciliation

Before your child reads this section, have him or her complete the activity **Jesus Describes Reconciliation** on page 96. Say: *The parable of the lost son gives us an example of what reconciliation looks like. When we celebrate the Sacrament of Reconciliation, we are like the lost son in the parable. God rejoices like the forgiving father in the parable when we turn back to him.* 

Have your child read the first paragraph of the section **The Sacrament of Reconciliation** on page 96. Say: **The Sacrament of Reconciliation is a way Jesus continues to share with us God's mercy and forgiveness. How does Jesus show us mercy?** (Jesus shows mercy to us in healing us and dying to save us from our sins.) Say: **Jesus' entire earthly ministry was one of mercy. To practice mercy is to know Jesus.** Discuss with your child ways you can practice mercy. Have your child read the second paragraph of this section. Ask: *What do you think is meant by the phrase "conversion of the heart"?* (It means turning away from sin and following Christ more closely.) Say: *The Sacrament of Reconciliation is not about punishment or guilt or shame. It is about seeking the grace to follow Christ more closely.* 

Have your child read the sections **Contrition, Confession, Penance,** and **Absolution** on page 96. Have him or her explain the elements of the Sacrament of Reconciliation in his or her own words. If you choose, scan the QR code on the page and watch the video together.

# Page 97 Making a Good Confession

Have your child read this section and complete the activity **An Examination of Conscience** on page 97. Read aloud the definition of *examination of conscience* from the **Word to Know** feature on page 97. Say: *We can examine our conscience every day. It is a practice that will help us identify times when we need God's grace in our lives.* 

Pray **A Moment with Jesus** on page 97. Tell your child that he or she can include this prayer whenever he or she examines his or her conscience.

Schedule a time when you can celebrate the Sacrament of Reconciliation as a family in the near future.

# The Anointing of the Sick

Have your child read the first paragraph of this section. If you have any experience of receiving this sacrament, share that experience with your child. Ask: *Why might people who suffer illness seek out Christ in this sacrament?* (They want to be comforted in their illness; they are afraid; they have hope for recovery.)

Have your child read the remaining paragraphs of this section and have him or her describe the various elements of the sacrament. Ask: *What is the importance of the anointing with oil in this sacrament?* (Anointing with oil is an ancient practice that heals, soothes, and strengthens. It represents that healing and strengthening grace we receive from Christ.)

Have your child read the section **Food for the Journey** on page 98. Read aloud the definition of *viaticum* from the **Word to Know** feature. Say: *Viaticum helps prepare us to encounter Jesus Christ after our death.* 

Have your child complete the activity **Healing of Body** on page 98. Say: *We can always find ways to help people regain their health.* 

## Page 98 The Mystery of Suffering

Have your child read the two paragraphs of this section. Ask: *What is a Christian response* to suffering? (show compassion, unite our own suffering to Christ) Say: *No one wants to* suffer. Suffering is not good. However, Christ has turned suffering into a means through which we can grow closer to him. What can suffering teach us? (It can teach us to be compassionate and kind; it teaches us to be understanding; it teaches us that all life has dignity.) Say: We can respect the dignity of people who are suffering by seeing through it. That does not mean ignoring a person's pain or suffering. It means that people are not defined by it.

Have your child complete the activity **What Is My Attitude Toward Illness?** on page 98 and discuss your child's responses.

## Pages 99-100 Chapter Review

Help your child complete the Chapter 12 Review on page 99. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to read 2 Corinthians 4:7–18 and reflect upon it.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary**. Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 100.

## Page 101 Families in Mission

Complete the Families in Mission pages with your child.

#### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 101. Say: *As an ambassador for Christ, you are called to help people build their relationships with Jesus and others.* 

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Healing and reconciliation are necessary parts of our relationship with God and our relationships with others.* 

### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: who are elderly or experiencing serious illness.) Say: *In the Sacrament of the Anointing of the Sick, Christ offers peace, comfort, forgiveness, healing, and strength to those who are weakened by age or sickness.* 

Access additional Family Resources by scanning the QR code at the bottom of page 101.

## Page 102 Families in Mission, continued

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 102. Explain that the saints were poor in spirit. They gave up everything to follow Christ. Say: *Saint Francis of Assisi was inspired by the Holy Spirit to witness Christ. His example continues to inspire people today to follow Jesus.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *The more we practice forgiveness and mercy, the closer we grow to Christ.* 

Together, read Luke 6:36 and reflect silently upon the reading to bring the chapter to a close.

# Page 103 Chapter 13: The Gospel of Life: Jesus the Teacher

## **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. For more information on life issues, visit the website of the United States Conference of Catholic Bishops (www.usccb.org), or contact your diocesan, parish, or local organizations.
- 3. To prepare your family for the prayer celebration on page 108, decide beforehand which symbols of life can be presented. You may choose to draw symbols of the works of mercy or make symbols of life out of craft materials such as aluminum foil, construction paper, or chenille stems.
- 4. Familiarize yourself with the **Words to Know** for this chapter: *scandal, abortion, suicide,* and *euthanasia.*
- 5. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

## **Fullness of Life**

Begin by reading Deuteronomy 30:19 from the **God's Word** feature on page 103. Say: *In this chapter, we will learn what it means to respect the life and dignity of all people.* Have your child read the paragraphs of this section. Ask: *How do we choose life?* (We respect other people; we make sure people have what they need to live; we don't hurt others; we are kind.)

Have your child complete the activity **The Greatest Commandment** on page 103 and discuss his or her responses.

# Page 104 The Challenge to Love

Have your child complete the activity **An Old Love Story** on page 104. Ask: *Who do you see yourself as in this parable?* (The person who was wounded, the people who ignored the wounded person, the robbers, the innkeeper, or the Samaritan are all possible answers.)

Have your child read the first paragraph of **The Challenge to Love** on page 104. Ask: *Why is Christian love not easy?* (It's not easy because Jesus calls us to love everyone, even people who may wish to hurt us.) Invite your child to share challenges he or she faces in practicing Christian love or write about them in a reflection notebook. Share the challenges you face as well.

Have your child read the second paragraph of this section. Ask your child to explain how he or she takes responsibility. Say: *We can improve our ability to make choices by examining our conscience at the end of every day and asking God for the grace to live as Jesus did.* You can review the steps to examining one's conscience on page 248 of the Student Book.

# A New Understanding

Have your child read this section and explain in his or her own words what it means to live in love. Then have your child complete the activity **Living the Law** on page 104.

## Page 105 The Ten Commandments

Have your child read this section silently. You may want to review with your child the Ten Commandments, which can be found on page 244 of the Student Book. Say: *Civil laws are the laws that help people govern society. What are some differences between God's Law and civil law?* (Civil law is created by people, while God's Law has been revealed to us. God's Law is the basis of civil law. We can change civil laws, while God's laws are unchangeable and permanent.) Say: *You can live God's commandments by using them to guide your actions and by using them as a basis for examining your conscience.* 

## Pages 105-107 Lovers of Life

Ask: *What do you think this section will teach you?* (how to respect all life) Have your child read the first paragraph of this section. Ask: *Why does Jesus want us to respect and care for all life?* (We are created in the image and likeness of God.)

Have your child read the sections Anger, Scandal, Abortion, Suicide, Euthanasia, Violence and War, and Other Threats to Dignity and Life on pages 105–107. Invite your child to share any questions he or she might have.

Read aloud the definitions of *scandal*, *abortion*, *suicide*, and *euthanasia* from the **Words** to Know features on pages 105–107. Say: *Our actions can lead to scandal when we act in a way that does not reflect what we profess we believe. We can avoid scandal when our actions are consistent with our words.* 

If you choose, scan the QR code on page 105 and watch the video together.

Have your child read silently **Getting Through a Crisis** on page 106. Reassure your child that he or she is loved. Pray together **A Moment with Jesus** on page 106. Share with your child ways that you take care of your body and spirit.

## Page 107 Works of Mercy

Have your child read this section. Ask him or her to think of any works of mercy that he or she has performed in the past few days. Plan a work of mercy your family can do together.

## Page 108 We Celebrate: Celebrating Life

Before the prayer celebration, have your child think of symbols of life that he or she can present during the prayer celebration. You may want to play the role of leader and another family member take the role of both readers.

Gather the family together in a common area of your home and pray the prayer service together. After the service share with one another your experiences of the service.

## Pages 109-110 Chapter Review

Help your child complete the Chapter 13 Review on page 109. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to read 1 Corinthians 13:4–7 and reflect upon it.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 110.

## Page 111 Families in Mission

Complete the Families in Mission pages with your child.

### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 111. Say: **Because we are** created in God's image, we share in many of God's wonderful qualities, especially the ability to love.

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Love for God requires us to love all that he created, without exception or condition.* 

### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: how we have loved one another.) Say: *Jesus told his disciples to love one another as he loved them.* 

Access additional Family Resources by scanning the QR code at the bottom of page 111.

## Page 112 Families in Mission, continued

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 112. Explain that the saints continue to teach us about the Catholic faith through their example. Say: *Saint Julie knew that God is good, even though life might be hard sometimes. She reminds us that despite the challenges we face, we cannot let them prevent us from witnessing Christ.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We are called to respect and protect the dignity of all life.* 

Together, read Matthew 7:12 and reflect silently upon the reading to bring the chapter to a close.

# Page 113 Chapter 14: The Beatitudes: Jesus the Light of the World

# **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. The Beatitudes present values and attitudes that are often contrary to the values embraced by society. By helping your child understand them, you will be helping him or her understand how to live a Christian life..
- 3. Familiarize yourself with the Word to Know for this chapter: Beatitudes.
- 4. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# **Our Desire for Happiness**

Have your child read the first paragraph of this section. Ask: *How do people seek God?* (People go to church; they learn about their faith; they pray.) Share with your child the ways in which you seek God.

Read aloud Mark 10:17–22, and then have your child read the second paragraph of this section. Discuss with your child the things that make him or her happy and which of those things reflect the true happiness that Jesus provides.

# Jesus Teaches True Happiness

Have your child read this section. Read aloud the definition of *Beatitudes* from the **Word to Know** feature. Ask: *Why are the Beatitudes important to us as Christians?* (They teach us how to live for God's kingdom here on earth.)

Have your child read Matthew 5:3–10. If you choose, scan the QR code on page 113 and watch the video together. Then have your child complete the activity **Called to Be Happy** on page 113. Ask your child to name one or two Beatitudes that he or she would like to learn more about.

# Pages 114-116 Jesus Blesses Us

Say: *The Beatitudes describe our vocation, or calling, as Christians. They are the teachings of Jesus that show us how to live like him.* Have your child read each of the Beatitudes on pages 114–115 and their explanations. Then, ask your child to explain the meaning of the Beatitudes that he or she wanted to learn more about. Together, brainstorm ways to put the Beatitudes into action in your lives.

Have your child complete the activity **Be-Attitudes** on page 115. For each "yes" response, ask your child to provide an example. For each "no" response, ask your child to think of a situation when he or she might be able to practice that beatitude

Pray together **A Moment with Jesus** on page 116. Discuss how the chosen beatitude can lead to happiness.

## Page 116 Living the Beatitudes

Have your child read this section and the complete the activities **The True Light** and **Let Your Light Shine** on the page. Discuss with your child the challenges he or she might face in living the Beatitudes. Ask: *Where can you find help to live the Beatitudes?* (I can find help in the sacraments of the Church, Scripture, my prayer life, my friends, and my family.)

## Pages 117-118 Chapter Review

Help your child complete the Chapter 14 Review on page 117. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect upon Ephesians 4:32.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 118.

## Page 119 Families in Mission

Complete the Families in Mission pages with your child.

### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 119. Say: **Sometimes we face** challenges in being disciples of Jesus. But we can count on God's grace to overcome them and be true to the faith.

#### **KNOW AND PROCLAIM**

Read aloud the Know and Proclaim text and the chart. Say: We proclaim the Gospel by living the Beatitudes. Centering our lives on God is what disciples are called to do.

#### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: the Beatitudes) Say: *People who live in the light of Jesus' teachings live for God's kingdom on earth and have the promise of eternal life*.

Access additional Family Resources by scanning the QR code at the bottom of page 119.

# Page 120 Families in Mission, continued

## A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 120. Explain that the saints show us how to live the Beatitudes. Say: *Saint Anthony Claret dreamed of being a missionary. He founded a congregation called the Missionary Sons of the Immaculate Heart of Mary. They are also known as the Claretians.* 

### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We can live the Beatitudes by practicing acts of kindness.* 

Together, read Matthew 5:3–10 and reflect on the reading to bring the chapter to a close.

# Page 121 Chapter 15: Kingdom of Justice and Truth: Jesus, King of the Universe

## **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. This lesson is an excellent time to heighten your child's consciousness of problem areas around the world that cry out for justice. Incorporate current issues in the discussion whenever appropriate.
- 3. Familiarize yourself with the **Words to Know** for this chapter: *justice*, *greed*, and *social sin*.
- 4. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# Serving God's Kingdom

Ask: *What do you think of when you hear the word* justice? (law, crime, punishment, peace) Read aloud the definition of the word *justice* from the **Word to Know** feature on page 121 and compare this definition with your child's understanding.

Have your child read both paragraphs of the section **Serving God's Kingdom** on page 121. Say: *"Jesus is the proclamation of God's justice and merciful love." What do you think this means?* (In Jesus and through his miracles and parables, we encounter God's kingdom; Jesus Christ is the way to God's kingdom, the truth of God's kingdom, and life in God's kingdom.) Ask: *How does Jesus make you see the world differently?* (He makes me see the world through the eyes of love.)

Have your child complete the activity **A Repentant Sinner** on page 121. Ask: *What does this parable teach us about God's kingdom?* (We can serve God's kingdom if we are willing to change our behavior and outlook.)

## Page 122 People First

Have your child read the first paragraph of this section. Ask: *How can respect for people's property help foster justice?* (It ensures that people have what they need to live a life of dignity.) Ask: *When might the right to property have to be limited?* (if you are using your property to hurt others)

Have your child read the second paragraph. Ask: *How can you live the Seventh Commandment?* (I ask permission before using something that is not mine; I take proper care of the things I do have; I do not treat other people like objects.)

Have your child read the last paragraph of this section. Ask: *How can you live the Tenth Commandment?* (I can practice gratitude.)

Have your child complete the activity Living the Commandments on page 122.

### Chapter 15

## **Envy Kills**

Have your child read this section. Ask your child to name some things for which he or she is grateful. Share some things you are grateful for as well.

# **Greed Destroys**

Have your child read the first paragraph of this section. Read aloud the definition of greed from the **Words to Know** feature on page 123. Ask: *Why do you think people are motivated by greed?* (They place too much emphasis on possessions for their happiness; they lack self-control.) Have your child read the remainder of the section. Ask: *Why is restitution important?* (It helps repair the harm that was caused.)

# A Sinful World

Have your child read the first paragraph of this section. Read aloud the definition of *social sin* from the **Words to Know** feature on page 123. Ask your child to name some examples of unjust situations or institutions. Then have your child read the second paragraph of this section. When he or she is done, discuss how a follower of Christ ought to respond to situations and institutions identified by your child.

# The Power of Words

Have your child read the first paragraph of this section. Ask: *Why do followers of Christ value truth?* (because Jesus Christ is the truth) Then have your child read the second paragraph of this section. Say: *When you speak the truth, people know that they can trust you.* Ask your child to identify people they trust and identify how these people are also truthful.

Read aloud James 3:5–6. Ask: *What does this Scripture verse mean to you?* (Our words can cause damage and hurt people.) Discuss with your child positive things they can say to build people up.

If you choose, scan the QR code on the page and complete the interactive together.

# Page 124 Why Do People Lie?

Have your child read both paragraphs of this section. Then discuss with your child situations in which it is challenging to be truthful. Ask: *How can your faith help you be truthful when you might be tempted to lie?* (I do not have to be afraid to tell the truth because God loves me.)

Have your child read **Speaking the Truth** on page 124. Ask your child to identify which step would be most helpful to him or her in speaking truthfully and explain why.

# **Keeping Confidences and Promises**

Have your child read the first paragraph of this section. Ask: **Do you agree or disagree** with this statement, "I'm not gossiping if I'm telling the truth." Explain that people have a right to privacy. Say: When you keep someone's confidence, you are respecting that person's right to privacy.

Have your child read the remaining paragraphs of this section. Ask: *When is the only time you can share a secret someone has shared with you?* (when a secret reveals a person's intent to harm oneself or others) Help your child identify legitimate authorities they can turn to when they hear someone sharing an intention to cause harm.

## Living in Truth

Ask: *What are some qualities of a truthful person?* (That person is honest, trusted, and respectful.) Have your child read the paragraph in this section. Ask: *Why does being truthful help spread God's kingdom?* (By being truthful, I share Christ's love and peace.)

Pray together **A Moment with Jesus** on page 124. Invite your child to name some of the injustices in the world and pray together for an end to them.

## Pages 125-126 Chapter Review

Help your child complete the Chapter 15 Review on page 125. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect upon John 14:23–27.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 126.

## Page 127 Families in Mission

Complete the Families in Mission pages with your child.

### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 127. Say: *Jesus Christ is the Way, the Truth, and the Life. When we act in truth and justice, we will know God's love.* 

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Justice is a virtue. When we act with justice, we give God and people what is rightfully theirs.* 

Chapter 15

#### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: justice) Say: *Jesus proclaimed the Gospel to everyone, including people who were poor, rejected, and sinners.* 

Access additional Family Resources by scanning the QR code at the bottom of page 127.

## Page 128 Families in Mission, continued

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 128. Explain that reading about the lives of the saints can renew our faith. Say: *Saint John of Capistrano sought justice both as an attorney and as a priest. He reminds us that we witness Jesus by seeking justice.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We cannot be dishonest with God, but we can be dishonest with ourselves in God's presence.* 

Together, read Proverbs 3:27–35 and reflect on the reading to bring the chapter to a close.

# Page 129 Chapter 16: Kingdom of Love: Jesus the Sacred Heart

# **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. You will be teaching sensitive topics in this lesson. Be direct in your answers to the questions your child asks. Keep your answers in the context of Catholic teachings. If you do not know an answer, make it clear that you will do your best to find the answers to your child's questions.
- 3. Familiarize yourself with the **Words to Know** for this chapter: *chastity* and *adultery*.
- 4. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# God Invites Us Into Relationship

Say: *The most important relationship we can have is the one we have with Jesus Christ.* Have your child read both paragraphs in this section. Ask: *What does Jesus' Sacred Heart tell us about the relationship God desires to have with us?* (God wants a relationship of love that is impossible to contain.)

Say: *Our relationship with God can be shown in the ways we serve, the ways we pray, and the ways we worship.* Have your child complete the activity **A Heavenly Relationship** on page 129.

Have your child read the **God's Word** feature on page 129. Ask: *Why do you think many Christians proclaim this verse?* (It summarizes the truth about Jesus' mission and God's love for us.)

# The Love of Jesus' Sacred Heart

Have your child read this section and ask him or her to describe how human relationships can express selfless love. Say: *To love as Jesus loves us means that we love others selflessly. Selfless love always puts the needs of others first.* 

# Page 130 The Gift of Marriage

Have your child read this section. Ask: *Why do married couples need the grace of the Sacrament of Matrimony?* (They need grace to strengthen their commitment to each other.) Read aloud the list of things that are included in married life. Ask your child to give examples of how a husband and wife can witness these aspects of married love.

Have your child complete the activity **Love in Marriage** on page 130. Ask your child to summarize Ephesians 5:25–33 in his or her own words. Pray together **A Moment with Jesus** on page 130. You may want to pray a litany for married couples.

# The Gift of Friendship

Have your child read the first paragraph of this section. Ask your child to name some of his or her friends and how those friends help him or her become more Christlike. Have your child read the second paragraph. Say: *Growth is slow and can sometimes be painful. You are not alone, and you have people who care about you and can help you understand how you are growing and changing.* Have your child read the last paragraph of this section. With your child, brainstorm ways to practice love in simple ways.

Have your child complete the activity **Moral Attraction** on page 130. Ask him or her to name which of his or her friends demonstrate the qualities he or she indicated in the activity.

## Page 131 The Gift of Sexual Intimacy

Have your child read the first paragraph of this section. Ask: *Why is sexual intimacy a gift?* (It allows us to share in God's power to create life.) Have your child read the second paragraph of this section. Say: *Chastity is a virtue that helps us give to others our whole selves. It is a virtue that allows us to wholly and truly love another person.* 

Ask your child to read the definitions of *chastity* and *adultery* from the **Words to Know** feature on page 131. Ask: *How can the virtue of chastity help guard against the sin of adultery?* (Chastity helps us be faithful.)

# A Double Safeguard

Have your child read this section silently. Given the sensitivity of the topic in this section, your child may not feel comfortable discussing this section at first. Give your child the time and space to process this information. Say: *We can talk about these topics whenever you are ready.* 

Have your child complete the activity **The Commandments' Protection** on page 131. Say: *The Ten Commandments help us live as God intends. They help us live in freedom.* Ask your child to share his or her responses.

# Page 132 Chastity, Modesty, and Self-Control

Have your child read this section and then offer examples of how to practice each of the virtues discussed. If you choose, scan the QR code on the page and watch the video together.

## The Challenges We Face

Have your child read this section silently. Your child may feel embarrassed by some of the topics covered. Say: *Your safety is the most important thing. The issues discussed in this section can be extremely harmful. Our faith helps us understand the sanctity of the human person. To live in relationship with God means that we honor the sanctity of every human being.* 

Say: Sometimes we do not know what to do when we encounter things that challenge the sanctity of human sexuality. There are ways we can respond in a healthy way. Have your child read the section What to Do on page 132. Reassure your child that you are always available to him or her.

## Pages 133-134 Chapter Review

Help your child complete the Chapter 16 Review on page 133. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to write in his or her reflection notebook.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary**. Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 134.

## Page 135 Families in Mission

Complete the **Families in Mission** pages with your child.

### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 135. Say: *We live our lives in a manner that honors God.* 

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: **Respecting yourself**, developing healthy relationships, and growing in relationship with God will help you love as Jesus loves.

#### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: chastity) Say: *God gave us the Sixth and Ninth Commandments to protect and safeguard our relationships.* 

Access additional Family Resources by scanning the QR code at the bottom of page 135.

## Page 136 Families in Mission, continued

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 136. Explain that the saints show us the power of faith and the strength that comes from our belief in Jesus. Say: *Saint Agnes, inspired by the Holy Spirit, chose Christ. Whatever our circumstances, we can choose Christ too.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *Chastity places us in right relationship with God and one another.* 

Together, read 1 Corinthians 6:19–20 and reflect silently upon the reading to bring the chapter to a close.

# Page 137 Chapter 17: Unit 2 Review

## **Before You Begin**

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

# Looking Back

Have your child read the first paragraph on this page. Ask: *Are there any topics from the unit that you would like to review?* Review whatever topics your child mentions.

Read aloud Ephesians 4:15 from the **God's Word** feature on page 137. Say: *In this unit, you have been learning how to live in the truth of God's love.* Have your child complete the activities **Reflecting on Unit 2** and **Personal Inventory** on page 137.

If you choose, scan the QR code on the page and watch the video together.

# Pages 138-139 Faith in Action: The Little Way

Ask: *How can the Little Way of Saint Thérèse help us proclaim the Good News?* (It helps us see the world as Jesus sees it; it helps us practice the act of loving as Jesus loved.) Have your child complete the activity **The Advocate** on page 138. Share with your child how to recognize the action of the Holy Spirit in your life.

Have your child complete the activities **Parable Truths**, **Beatitude Attitudes**, and **Godly Reminders** on page 139.

If you choose, scan the QR code on page 139 and have your child take the **Interactive Chapter Review**.

# Pages 140-141 We Celebrate: Jesus Christ the Truth

Pray with your entire family the prayer service on pages 140 and 141. You can play the role of leader.

## Page 142 Unit 2 Review

Have your child complete the crossword puzzle **Puzzling Possibilities** on page 142.

If you choose, scan the QR code on page 142 and have your child complete the **Stump the Shepherd** unit review.

Complete the Families in Mission pages with your child.

#### SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 143. Say: *In Jesus there are no lies or falsehoods. A relationship with Jesus is real, genuine, and honest. He is faithful and asks for our fidelity in return.* 

UNIT 2

Chapter 17

#### **KNOW AND PROCLAIM**

Read aloud the **Know and Proclaim** text and the chart. Say: *Jesus calls us to be seekers of truth and to conduct all our relationships with honesty and integrity.* 

#### TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: respecting all stages of life from conception to natural death.) Say: *The Church advocates for justice by respecting the life and dignity of every human being*.

Access additional Family Resources by scanning the QR code at the bottom of page 143.

### Page 144 Families in Mission

#### A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 144. Explain that the saints show us how to forgive others like Jesus forgave those who had condemned him to Death. Say: *Saint Maria Goretti is a model of chastity and forgiveness. She reminds us that we follow Jesus when we practice mercy.* 

#### WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

#### SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *As disciples, we follow Jesus' teachings in word and deed.* 

Together, read Matthew 5:3–12 and reflect silently upon the reading to bring the chapter to a close.