Christ Our Life[®] AT-HOME EDITION

Unit 3: Jesus Christ the Life

Before You Begin

Read A Letter Home, found on page 146 of the Student Book.

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, and writing supplies.
- 2. In this unit, your child will demonstrate a greater appreciation of the life Jesus won for us by his Death and Resurrection.
- 3. Explain to your child how you express your personal call to holiness through acts of service and prayer.
- 4. Familiarize yourself with the **Words to Know** for this chapter: *concupiscence*, *sanctifying grace*, *actual grace*, *Theological Virtues*, and *Cardinal Virtues*.
- 5. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.

Page 145 Unit Opener

Invite your child to turn to page 145. Read aloud the unit title, **Jesus Christ the Life.** Have your child read aloud the Scripture passage at the bottom of page 145. Discuss with your child what these words tell us about Jesus' mission.

Discuss the pictures on the page. Read, or have your child read, the following verses from a Bible: Matthew 19:14, Matthew 28:19, and 1 Corinthians 5:7. Ask: *Which image applies to each of these passages?* (1 Corinthians 5:7 matches the upper-left image of the paschal lamb; Matthew 19:14 matches the bottom picture; Matthew 28:19 matches the top-right picture of the shell.) Ask: *What do these images tell us about Jesus?* (He died to save us from sin and death; he gives us life in Baptism; he calls us to himself.)

If you choose, scan the QR code on the page and listen to the audio together.

Page 147 Chapter 18: Living Faith in Jesus

The Gift of Jesus

Ask: *What does the word* spiritual *mean to you?* (belief in God; faith; belief in something bigger than yourself) Have your child read the first paragraph on the page. Have your child share how he or she proclaims the Kingdom of God in words and deeds. Examples include praying and going to Mass, treating people with kindness, helping friends or siblings with homework or chores, and participating in service projects at school or church.

Have your child read the second paragraph on the page and compare his or her understanding of the word *spiritual* with the way the word is used in this paragraph.



Read aloud the **God's Word** feature. Say: *We have a spiritual nature. Our journey toward God is a spiritual journey.* Have your child complete the activity **A Spiritual Inventory** on page 147. After completing the inventory, ask your child to summarize his or her spiritual journey, identifying areas of growth.

Page 148 Always with Us

Have your child read the paragraph at the top of the page. Say: **Our spiritual life is a** *journey toward God. It is a journey that always begins with an invitation from Jesus.*

Have your child complete the activities **Jesus and Nicodemus** and **Jesus and the Woman at the Well** on page 148. Alternatively, you may want to lead your child in a prayerful reflection of John 3:1–21 or John 4:4–30. If you choose to do so, begin by praying the Sign of the Cross. Read the Scripture verse slowly, and then read **A Moment with Jesus** on page 148. Close the prayer by praying the Lord's Prayer or the Hail Mary together.

Page 149 The Free Gift of Grace

Have your child read the first paragraph in this section. Say: *Why do we continue to sin after we have been baptized?* (We suffer from a condition called concupiscence.) Read aloud the definition of *concupiscence* from the **Words to Know** feature on page 149.

Read aloud 2 Corinthians 9:8 from the **God's Word** feature on page 149. Ask: *Why are we able to have confidence that we can resist the temptation to sin?* (God is always inviting us to love him and do what is right; God gives us grace.)

Have your child read the second and third paragraphs of this section and describe the difference between sanctifying grace and actual grace in his or her own words. Read aloud the definitions of these terms from the **Words to Know** feature on page 149.

Have your child read the last two paragraphs of this section and complete the activity **Where Do You See God's Grace?** on page 149. You may want to complete this activity yourself and share your response with your child.

Page 150 Theological Virtues

With your child, write down as many virtues that you can think of. Keep this list to refer to later. Say: *There are many virtues. The Church teaches that there are Theological Virtues and Cardinal Virtues.* Have your child read the definitions of these terms from the Words to Know feature on page 150.

Have your child read about the Theological Virtues. Ask your child to describe these virtues in his or her own words and match which of the virtues you wrote down most closely matches one of the Theological Virtues. For example, if your child named "spiritual" as a virtue, it could be matched to the Theological Virtue of faith.

Cardinal Virtues

Have your child read this section and give an example of each Cardinal Virtue. Then ask your child to match which of the virtues you wrote down most closely matches one of the Cardinal Virtues. For example, if your child named "honesty" as a virtue, then it could be matched to the Cardinal Virtue of justice.

A Life of Virtue

Have your child read the first paragraph of this section. Ask: *How can the virtues help us identify when we might need to turn to the Sacrament of Reconciliation?* (The virtue of charity helps us recognize that we have not loved God as we should; the virtue of justice motivates us to make right our relationship with God; faith teaches us that we can receive God's forgiveness in the sacrament; and hope allows us to trust in God's mercy.)

If you choose, scan the QR code on the page and watch the video together.

Pages 151-152 Chapter Review

Help your child complete the Chapter 18 Review on page 151. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect on Luke 9:18–21.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 152.

Page 153 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 153. Say: *Jesus is our example of how to live a spiritual life. He has called us to be an example for others so they will also come to know God.*

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *To grow in our spiritual life, we must develop a healthy relationship with God. The best way to do this is to receive the Eucharist.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: virtue) Say: *We grow in virtue through prayer, good works, and the sacraments, especially the Eucharist.*

Access additional Family Resources by scanning the QR code at the bottom of page 153.

Page 154 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 154. Explain that the saints remind us that we show our love for Jesus by caring for people who are poor and forgotten. Say: *Like Saint John Bosco, we are called to share our faith and teach others that Jesus loves them.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We can help others grow in faith by inviting them to share in our faith.*

Together, read 1 John 4:1–4 and reflect silently upon the reading to bring the chapter to a close.

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Page 155 Chapter 19: Opposition to Jesus

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. Discussions about death can be difficult for anyone. Before the lesson, you might discuss the serious nature of the material. Have confidence in your child's ability to handle the topic.
- 3. Familiarize yourself with the Word to Know for this chapter: Transfiguration.
- 4. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

Faith in Times of Sorrow

Have your child read this paragraph. Say: *Faith can fill your heart with gratitude.* Invite your child to name three things for which he or she is grateful for. Alternatively, your child might record his or her responses in a reflection notebook. Say: *Gratitude helps us recognize the gifts that God has given us.* Have your child complete the activity Faith Builders on page 155.

Read aloud the **God's Word** feature on page 155. Say: *Our faith teaches us that suffering is not a sign of God's absence, but rather, we can find God's loving presence in the midst of suffering.*

The Transfiguration

Have your child read the first paragraph of this section and the definition of *Transfiguration* from the **Word to Know** feature on page 155.

Read the account of the Transfiguration in Luke 9:26–38 from a Bible. Ask your child to identify words, phrases, or images from the Scripture reading that have meaning for him or her. Then have your child read the second paragraph of this section.

Ask your child to share his or her response to the fact that Jesus is a willing companion in our suffering.

Page 156 Jesus' Opponents

Say: *We all face difficulties in life. Jesus understands that because he faced difficulties too.* Have your child read the first paragraph of this section. Have your child complete the activity **Wall of Opposition** on page 156. Discuss with your child which form of opposition would have been the most difficult for him or her to face.

Have your child read the second paragraph of this section before completing the activity **The Raising of Lazarus** on page 157. Ask: *Why do you think that the raising of Lazarus united the forces of opposition against Jesus?* (They thought he was getting too powerful. They saw Jesus as a threat to their power and not as the Messiah.)

Page 157 From Death to Life

Have your child read the first paragraph. Invite your child to imagine how the people would have reacted to Jesus bringing Lazarus back to life. Ask your child to share his or her thoughts with you. Ask: *Why was Jesus greeted as a conqueror?* (He had conquered death.)

Have your child read the remainder of this section. Ask: *Why is death a doorway to God?* (It is through death that we enter into eternal life.)

Page 158 The Offer of Eternal Life

Have your child read this entire section. Check his or her understanding of the four important Christian beliefs about death. Ask your child to identify which of the teachings brings him or her the most comfort when thinking about death.

If questions about cremation arise, explain that while cremation is permissible, the Church prefers that the dead be buried to show respect for the human body, which will share in the resurrection.

Pray together A Moment with Jesus on page 158.

A Faith-Filled Response to Loss

Say: We must remember that grief is a natural response to loss. It is normal to feel sad when someone we love dies. Have your child read the first paragraph of this section. Say: It is important for us to know how to respond to the pain of loss. Have your child read the second paragraph of this section. Say: When we are grieving, it is important to share those feelings. That can help you make sense of your emotions. Reassure your child that he or she can always turn to you. Have your child read the last paragraph of this section. Ask: How can you comfort others who are suffering a loss? (I can listen. I can pray for them.)

If you choose, scan the QR code on the page and complete the interactive together.

Pages 159-160 Chapter Review

Help your child complete the Chapter 19 Review on page 159. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect on John 20:19–29.

Review the **Word to Know** in this chapter by locating the word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 160.

Page 161 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 161. Say: *Faith allows us to trust Jesus. Our faith is often evident in the way we respond to both the good and bad things in life.*

UNIT 3

Chapter 19

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *Through his Death and Resurrection, Jesus teaches us that suffering is temporary, while life with God is forever.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: glory comes through the Cross) Say: *In the Transfiguration, Jesus revealed his divine glory to Peter, James, and John.*

Access additional Family Resources by scanning the QR code at the bottom of page 161.

Page 162 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 162. Explain that the saints are role models who show us how to do our best in following Jesus. Say: *Like Saint Paul Miki, we are called to proclaim the Gospel even in times when we suffer. His life teaches us to hold on to the faith we profess with courage.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We proclaim the Gospel by comforting those who mourn.*

Together, read Philippians 2:5–11 and reflect silently upon the reading to bring the chapter to a close.

Page 163 Chapter 20: The Eucharist

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. If you have a missalette at home, you may want have your child use it to look up and review the prayers and responses used during Mass.
- 3. You may want to discuss the sections **The Liturgy of the Word** and **The Liturgy of the Eucharist** before or after attending Mass together as a family.
- 4. Familiarize yourself with the **Words to Know** for this chapter: *transubstantiation* and *real presence*.
- 5. Decide how or whether you will experience the media for this chapter using a web-enabled smartphone or tablet.

More than a Memory

Have your child read this section. Ask: *Why is the Eucharist a gift?* (The Eucharist is the way Jesus Christ remains with us today.) Invite your child to share his or her experiences of the Eucharist. Then have him or her complete the activity **The Way We Celebrate** on page 163. Ask your child to share his or her answers.

If you choose, scan the QR code on the page and watch the video together.

Meals in Salvation History

Have your child read this section. Ask: *How is Passover connected to the Eucharist?* (The Last Supper was a celebration of the Passover; just as the Passover commemorates God rescuing the Israelites from slavery in Egypt, the Eucharist commemorates Jesus' Death on the Cross, which saved us from sin and death.)

Have your child read Mark 6:33–34 and complete the activity **A Miracle of Bread and Fish** on page 163.

Page 164 The Last Supper

Read aloud John 6:58 from the **God's Word** feature on page 164. Ask: *What does this passage say about the Eucharist?* (It gives us eternal life.)

Have your child read the first paragraph of this section. Ask: *What did Jesus show us in washing the feet of his disciples at the Last Supper?* (We are called to be servants.) Discuss with your child the concept of servant leadership. Have your child list as many words as he or she can think of that begin with the letter *C* that would describe a servant leader. Examples might include *compassionate, caring, courageous,* or *concerned.* Have your child give examples of how he or she lives out those words.

Have your child read the second paragraph of this section. Ask: *What happens when we celebrate the Eucharist?* (We are joined with the dying and rising of Christ.)

Have your child complete the activity The Institution of the Eucharist on page 164.

A New Covenant

Have your child read this section and explain the new covenant in his or her own words.

A Meal of Gratitude

Have your child read this section. Discuss the importance the Mass has for your family. You may want to wait to discuss the rest of the chapter until after your family has celebrated a Mass or just before you celebrate a Mass.

Discuss ways you can prepare for Mass. Ideas might include reading and discussing the readings beforehand or praying as a family before leaving for church.

The Liturgy of the Word

Have your child read this section and name each part of the Liturgy of the Word. You may want to refer to page 241 of the **What Catholics Should Know** section of the Student Book.

Page 165 The Liturgy of the Eucharist

Have your child read each section on this page. If you are discussing this section after attending Mass, ask your child to share what he or she noticed about these parts of the liturgy.

Read aloud the definitions of *transubstantiation* and *real presence* from the **Words to Know** feature on page 165. Ask: *What importance do these words have for Catholics?* (They express our belief that Christ is truly present with us. In the Eucharist, we encounter Christ.)

Page 166 Communion Rite

Have your child read this section. Ask: *Why is the Eucharist the source and summit of the Christian life?* (because it was instituted by Christ and draws us into his Body) Have your child complete the activity Liturgy Match on page 166.

Concluding Rites

Have your child read this section and then discuss how your family glorifies God by your words and deeds.

A Feast Without End

Have your child read this section. Read aloud Revelation 9:9. Ask: *Why is the Eucharist the wedding feast of the Lamb?* (It is a celebration of our union with Christ. Through the Eucharist, we are united with Christ and one another, just as a husband and wife are united together in marriage.)

Ask your child to summarize what he or she has learned about the Eucharist. Pray together **A Moment with Jesus** on page 166.

Pages 167-168 Chapter Review

Help your child complete the Chapter 20 Review on page 167. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to reflect on his or her talents.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary**. Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 168.

Page 169 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 169. Say: **As Catholics, we** understand the need to nourish our souls frequently with the real food of Jesus' Body and Blood in the Eucharist.

KNOW AND PROCLAIM

Read aloud the Know and Proclaim text and the chart. Say: As eucharistic people, we look through the eyes of faith and see the face of Jesus in the people we meet.

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: transubstantiation) Say: *We witness the miracle of transubstantiation through the eyes of faith.*

Access additional Family Resources by scanning the QR code at the bottom of page 169.

Chapter 20

Page 170 Families in Mission, continued

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 170. Explain that the saints showed their faith through their generosity, service, and love. Say: *Saint Isidore shows us that a life of faith does not need to be complicated.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *Eucharistic adoration is a wonderful gift, when we can spend time in silence resting with our Lord.*

Together, read 1 Corinthians 10:16–17 and reflect silently upon the reading to bring the chapter to a close.

Page 171 Chapter 21: Jesus' Final Hours

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. You might provide an opportunity to pray the Stations of the Cross as a family. Information about the Stations of the Cross can be found on pages 237–238 of the Student Book.
- 3. Familiarize yourself with the **Words to Know** for this chapter *particular judgment*, *heaven*, *Purgatory*, *hell*, *Parousia*, and *Last Judgment*.
- 4. Decide how or whether you will experience the media for this chapter.

Jesus' Death on the Cross

Have your child read this section and ask your child to summarize the events of Jesus' final hours, from the Last Supper to Jesus' Death on the Cross.

If you choose, scan the QR code on the page and listen to the audio together.

Jesus' Passion

Ask your child if he or she agrees or disagrees with this statement: *Jesus didn't have to die in order to save us.* Have your child explain his or her reasoning. Then have your child read the first paragraph of this section, **Jesus' Passion**. Say: *Jesus had to die for us to atone for all sin.* If you wish, you may want to explain the Stations of the Cross on pages 237–238 of the Student Book.

Have your child read aloud John 12:24 from the **God's Word** feature on page 171. Ask: *What fruit was produced by Jesus' Death on the Cross?* (eternal life)

Have your child read the second paragraph of this section. Say: *How did Jesus show his great love for us?* (He gave his life for us.)

Page 172 Our Response

Have your child read this section. Say: *As Christians, we are called to alleviate the suffering in the world. We can do this with God's grace.* Ask your child to give examples of each of the bullet points listed in this section.

Have your child complete the activity **The Sorrowful Mysteries** on this page. Have your child pick one of the Sorrowful Mysteries and pray a decade of the Rosary together.

Say: *Suffering is a mystery, and it takes God's grace to respond to suffering with compassion and love.* Have your child complete the activity **Jesus' Source of Strength** on page 172. Then pray together **A Moment with Jesus**.

Page 173 Free to Love

Have your child read the first paragraph of this section and share ideas on how to love Jesus freely. Have your child read the remainder of the section. Say:**Growing in virtue** *takes practice. We grow in virtue by being virtuous.* Review the Theological and Cardinal Virtues from Chapter 18. For each virtue, have your child come up with a way to practice that virtue. For example, for the Cardinal Virtue of justice, your child might say, "Saying I'm sorry to someone I have hurt."

Say: *When we grow in virtue, we can love God better.* Have your child complete the activity **I Love God** on page 173.

What Happens When We Die?

Have your child read the first paragraph of this section. Have your child read the definition of *particular judgment* from the **Words to Know** feature on page 173. Ask: *What do we face at our particular judgment?* (The consequences of our decisions to accept or reject God's grace and live according to Christ's teachings.)

Have your child read the second paragraph of this section and the definitions of *heaven* and *Purgatory* from the **Words to Know** feature. Ask: *How are heaven and Purgatory similar?* (In both cases, one must die in God's grace and friendship with God.) Ask: *What is the difference between heaven and Purgatory?* (In heaven I am in union with God, while in Purgatory I am being cleansed to prepare myself to enter heaven.)

Have your child read the third paragraph of this section and the definition of *hell* from the **Words to Know** section. Ask: *What is the difference between hell and Purgatory?* (To enter Purgatory, you must be in God's grace and friendship; to enter hell, you must reject it. In Purgatory, your soul is being prepared to enter heaven, while in hell you are eternally separated from it.)

Have your child read the final paragraph of this section. Ask: *If we want to enter heaven when we die, what must we do?* (love God and love our neighbor)

Page 174 Jesus' Return in Glory

Have your child read this section and the definitions of *Parousia* and *Last Judgment* from the **Words to Know** feature on page 174. Ask your child to agree or disagree with this statement: *We do not need to be afraid of the Parousia and the Last Judgment*. Have your child explain his or her reasoning. Say: *Jesus taught us that God's mercy and compassion are without limit. God is always ready to forgive us.*

Jesus Always Offers His Love

Have your child read this section. Read aloud Luke 23:39–43 from this page and have your child complete the activity **A Thief Enters Heaven** on page 174. Say: *No matter what we have done, God will forgive us if we repent. We can always practice repentance by receiving God's forgiveness in the Sacrament of Penance and Reconciliation.* Arrange a time for you and your family to celebrate this sacrament.

Pages 175-176 Chapter Review

Help your child complete the Chapter 21 Review on page 175. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to meditate on Jesus' Passion.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 176.

Page 177 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 177. Say: *We show our love for others, just as Jesus showed his love for us by dying on the Cross.*

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: **Every day we get to make the** choice to respond to God's desire to be with us and live according to Christ's teachings.

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: the revelation of the destiny of the human race and of every person) Say: *At the Last Judgment, the Kingdom of God comes in its fullness.*

Access additional Family Resources by scanning the QR code at the bottom of page 177.

Page 178 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 178. Explain that the Church is strong throughout the world because of the witness of the saints. Say: **Despite centuries of** *persecution, the Catholic Church in Vietnam is alive today because of the witness of saints like Saint Andrew Dung-Lac.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We are called to practice compassion and relieve the suffering of others.*

Together, read Revelation 21:1–4 and reflect silently upon the reading to bring the chapter to a close.

Page 179 Chapter 22: The Victory of Jesus

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. Share with your child any sacramentals that are important to you in your faith life.
- 3. Familiarize yourself with the **Words to Know** for this chapter *Nicene Creed*, *Resurrection, sacramental*, and *Ascension*.
- 4. Decide how or whether you will experience the media for this unit and chapter.

I Believe

Have your child read this section. Read aloud the definition of *Nicene Creed* and *Resurrection* from the **Words to Know** feature on this page. Pray together the Nicene Creed, which can be found on the inside cover of the Student Book.

Pages 179-180 He Is Risen!

Have your child read this section silently. Ask: *What is the meaning of the open, empty tomb?* (Jesus has conquered death.)

Have your child complete the activity **Witnesses to the Resurrection** on this page. If you choose, scan the QR code on the page and listen to the audio together.

Complete the activity **The Risen Jesus** on page 180. Since the gospel reading for this activity is rather long, you may want to break it up. The answers to questions 1–3 can be found in Luke 24:1–12; the answers to questions 4 and 5 can be found in Luke 24:13–27; the answers to questions 6 and 7 can be found in Luke 24:28–35; and the answers to questions 8–10 can be found in Luke 24:36–49.

Page 180 Jesus Glorified

Have your child read the first paragraph of this section. Ask: *How would you answer the question "How could Jesus have saved people who had died before him?"* (Jesus proclaimed the Kingdom of Heaven to those who had died between his Death and Resurrection.) Have your child read the remainder of this section. Say: *Jesus had brought a new way of living.* Discuss with your child the meaning of that statement. Ideas might include that because he conquered death, we don't have to be afraid of dying; death cannot separate us from him.

Read aloud 1 Corinthians 15:54–55 from the **God's Word** feature on this page. Ask: *Why is this a good victory hymn?* (It proclaims that death has no power over us.)

Page 181 We Encounter the Risen Jesus

Have your child read the first paragraph of this section. Ask: *Why is the Resurrection a mystery of faith?* (To believe in the Resurrection, you must believe that God wants to save us from sin and death.) Have your child read the rest of the section. Read aloud the quote from Saint Augustine on this page. Ask your child to explain what it means to be an "Easter people."

Signs That He Is with Us

Have your child read this section. Read aloud the definition of *sacramental* from the **Word to Know** feature on this page. Lead your child on a sacramental scavenger hunt. Ask your child to search your home for sacramentals. Explain or have your child explain each sacramental that he or she finds. You can participate in the scavenger hunt yourself.

After the scavenger hunt, pray together **A Moment with Jesus** on page 181. Share with your child how you experience Jesus' presence.

Page 182 Jesus Is Lord

Have your child read this section. Read aloud the definition of *Ascension* from the **Word to Know** feature on this page. Ask: *Why is the Ascension not a goodbye?* (The Ascension completed Jesus' glorification.) Explain to your child that the Ascension is one of the Glorious Mysteries of the Rosary. Say: *This is an example of how a sacramental— the Rosary—helps us in our spiritual life by helping us meditate on a great mystery, the Ascension of Jesus Christ into heaven.*

Have your child complete the activity **The Ascension of Jesus** on page 182 and review his or her answers.

Sent to Witness

Have your child read this section and discuss ways you and your family can witness Christ. Then have your child complete the activity **Our Commission** on this page.

Pages 183-184 Chapter Review

Help your child complete the Chapter 22 Review on page 183. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to meditate on Luke 24:13–35.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 184.

Page 185 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 185. Say: *Through Jesus' Resurrection, we have hope that God is always with us, no matter what difficulties we may face in life.*

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *We find God in Scripture, in the sacraments, in the lives of the saints, in one another, and in the world around us.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: Holy Spirit) Say: *The Holy Spirit is our Advocate.*

Access additional Family Resources by scanning the QR code at the bottom of page 185.

Page 186 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 186. Explain that through their lives and examples, the saints teach us how to love as Jesus loves. Say: *Saint Thérèse reminds us that what matters to God is not the greatness of our accomplishments but the greatness of the love behind even the smallest of actions.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We are called to practice compassion and relieve the suffering of others.*

Together, read John 21:15–17 and reflect silently upon the reading to bring the chapter to a close.

Page 187 Chapter 23: Alive in the Spirit

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- You may want to include part or all of the lesson on Pentecost from the Special Seasons and Lessons section of the Student Book (see pages 225–226).
- 3. Familiarize yourself with the **Words to Know** for this chapter *Pentecost* and *Fruits of the Holy Spirit.*
- 4. Decide how or whether you will experience the media for this chapter.

Turning Points

Have your child read this section. Say: *Conversion is the act of turning toward God. For Saint Francis of Assisi, a key moment of conversion for him, when he turned toward God, was a work of mercy.* Review with your child the works of mercy (see page 246 of the Student Book) and discuss how these actions can help people—both those who perform the works and those who benefit from them—toward God.

Share with your child a turning point in your own life.

Pentecost: Touched by the Holy Spirit

Read Acts of the Apostles 2:1–4 to your child before he or she reads this section. Ask: *Why were the Apostles in Jerusalem?* (They had gathered to celebrate the Feast of Pentecost.) Ask your child to explain the event in his or her own words.

Read aloud the definition of *Pentecost* from the **Word to Know** feature. Have your child locate Pentecost on the liturgical calendar on page 212. Say: *Pentecost marks the end of the Easter season and the beginning of Ordinary Time.*

Have your child complete the activities **Spirit Alive** and **Out of Hiding** on page 188 and discuss his or her answers.

Page 188 Anointed for Mission

Read aloud Matthew 28:19–20 from the **God's Word** feature on page 188. Ask: *What is our mission?* (to baptize in the name of the Father, and of the Son, and of the Holy Spirit and to teach people about Jesus)

Have your child read the section **Anointed for Mission** on this page. Discuss ways the Holy Spirit can help disciples today carry out the mission given to us by Christ. Say: *The Holy Spirit empowered, helped, and guided the Apostles to fulfill their mission.* Ask your child to explain in his or her own words how the Holy Spirit empowered, helped, and guided the Apostles and how the Holy Spirit may empower, help, and guide your child.

Chapter 23

Page 189 Fearless Followers

Say: *The Church was revealed to us on the Feast of Pentecost.* Have your child read this section. Say: *The Church in this world is the sacrament of salvation. What do you think this means?* (The Church proclaims the saving power of Christ in the world.) Have your child list ways the Church proclaims Christ's presence in the world.

The Church: A Community of Love

Have your child read this section. Ask your child to describe the parish your family belongs to and how that community is a gift to your family and how your family is a gift to your parish.

Read aloud Acts of the Apostles 2:42–47, 4:32–35, and 5:12–16 and have your child complete the activity **Church Bonds** on page 189.

Page 190 The Church and You

Have your child read both paragraphs in this section. Discuss the ways in which your family is active in your local parish and discuss opportunities to participate in parish life.

Fruits of the Holy Spirit

If you choose, scan the QR code on the page and watch the video together.

Read aloud the definition of *Fruits of the Holy Spirit* from the **Word to Know** feature before your child reads this section. Read Galatians 5:22–23 to your child. Have your child name examples of each fruit before completing the activity **The Holy Spirit and You** on page 190.

Pray together **A Moment with Jesus** on page 190. Share with your child times when you had to stand up for your faith and what it taught you about how to witness the Good News.

Pages 191–192 Chapter Review

Help your child complete the Chapter 23 Review on page 191. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child compose his or her prayer.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 192.

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 193. Say: *When we love all that is true and good, we are living in the Holy Spirit and following the Holy Spirit.*

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *The Holy Spirit inspires us and gives us the courage to boldly proclaim the Gospel.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: the Acts of the Apostles) Say: *The Acts of the Apostles tells the beginning of the early Church.*

Access additional Family Resources by scanning the QR code at the bottom of page 193.

Page 194 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 194. Explain that the saints were inspired by the Holy Spirit to live the Gospel. Say: *Saint Peter was the first pope. By following Saint Peter's example, we remain true to the teaching he received and passed on to his successors.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *Our faith is not something we keep to ourselves. We are called to share it with others.*

Together, read Acts of the Apostles 1:1–5 and reflect silently upon the reading to bring the chapter to a close.

Grade 7 • Unit 3 • Chapter 23

Page 195 Chapter 24: Matrimony and Holy Orders

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. If you are divorced or your spouse is deceased, be sensitive to the feelings of your child. Reassure them that God loves them and is with them.
- 3. Familiarize yourself with the **Words to Know** for this chapter *vocation*, *Holy Matrimony*, and *vow*.
- 4. Decide how or whether you will experience the media for this chapter.

What Do I Do?

Have your child read this section and then read aloud the definition of *vocation* from the **Word to Know** feature on this page. Say: *A vocation is not a job or a career. Rather, it is a call that God gives us to do our part in building the Kingdom of God.*

The Universal Call to Holiness

Read aloud 1 Thessalonians 4:3 from the **God's Word** feature on page 195. Then have your child read the first two paragraphs of the section **The Universal Call to Holiness**. Ask your child to explain the call to holiness in his or her own words.

Have your child read the remaining paragraphs of this section. Say: *There are many ways to serve God's kingdom.* Brainstorm with your child different ways a person can serve God's kingdom. Identify any patterns that emerge.

If you choose, scan the QR code on the page and watch the video together.

Page 196 The Call to Married Life

Have your child read both paragraphs of this section. Read aloud the definition of *Holy Matrimony* from the **Word to Know** feature on this page. Ask: *Why is marriage sacred?* (It is a sacrament, a covenant between a man and a woman; it helps a husband and wife grow in holiness.)

Mission to Love

Have your child read this section. Discuss with your child ways your family participates in Christ's mission as priest, prophet, and king. For example, the family participates in Christ's priestly role by attending Mass together; they participate in his prophetic role by learning about the faith; they participate in his kingly role by honoring and respecting one another.

Covenant Fidelity

Have your child read the first paragraph in this section. Ask your child whether he or she agrees with this statement and explain his or her reasoning: *Marriage is a human institution*. Explain that the Church teaches that marriage is not just a legal arrangement between people. Rather, marriage is a sacrament and symbolizes the union of Christ and his Church.

Have your child read the remainder of this section. Say: *While you will not be getting married anytime soon, understanding the commitment between a husband and wife will help you understand the sacredness of marriage.*

Page 197 The Call to Ordained Ministry

Say: While all Christians have a share in Christ's priestly ministry, some men are called to ordained ministry. Explain that ordained ministry refers to men who have received the Sacrament of Holy Orders. Have your child read the sections A Servant of the Church, A Mediator Through Sacraments, and A Successor to the Apostles on page 197. Have your child compare and contrast the three degrees of Holy Orders.

Page 198 The Call to Religious Life

Have your child read this section. Ask: *How can you apply the evangelical counsels to your own life?* (I can practice chastity by respecting God's gift of sexuality; I can practice poverty by being generous toward others; I can practice obedience by listening to my parents and teachers.)

Read aloud the definition of the word *vow* from the **Word to Know** feature on page 198. Discuss some of the characteristics of a vow: it is free, it is deliberate, and it dedicates a person to God. Ask your child to share the importance of these characteristics in their own words.

Have your child read **Listen** and pray **A Moment to Jesus**. If your child shows any interest or signs of a call to religious life, help him or her explore the responsibilities and opportunities that exist for him or her to investigate that calling.

Pages 199-200 Chapter Review

Help your child complete the Chapter 24 Review on page 199. If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Review the questions and answers in the **We Remember** section and decide if any information needs further review. Have your child read the **We Respond** section and allow time for your child to write in his or her reflection notebook.

Review the **Words to Know** in this chapter by locating each word and its definition in the **Glossary.** Consider bookmarking the first page of the **Glossary** so it will be easy to access the next time. Allow your child to select a **Your Turn** activity.

Allow time for your child to complete the activities on page 200.

Page 201 Families in Mission

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 201. Say: **By virtue of our Baptism, we are called to holiness in all that we are and do.**

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *As Catholics, we nurture all types of vocations.*

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge.** Have your child answer the question. (ANSWER: Matrimony and Holy Orders) Say: *The Sacraments at the Service of Communion help us see Christ in one another.*

Access additional Family Resources by scanning the QR code at the bottom of page 201.

Page 202 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 202. Explain that the saints made a difference in the world by serving God and others. Say: *We can follow Saint John Leonardi's example by strengthening other people's faith.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *We can build up the faith of others by teaching them how to pray.*

Together, read Matthew 9:35–38 and reflect silently upon the reading to bring the chapter to a close.

Chapter 25

Page 203 Chapter 25: Unit 3 Review

Before You Begin

- 1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, writing supplies, and a reflection notebook.
- 2. Decide how or whether you will experience the media for this chapter.

Looking Back

Have your child read this section. Ask: *Are there any topics from the unit that you would like to review?* Review whatever topics your child mentions.

Have your child complete the activities **Reflecting on Unit 3** and **Personal Inventory** on page 203.

Pages 204-205 Faith in Action: Blessed Carlo Acutis

Have your child read this section and have him or her describe Carlo's faith in his or her own words. Ask: *What inspires you about his story?* (He was young; he helped others; he made a website dedicated to the eucharistic miracles.) Share with your child what inspires you about Carlo's story. If you choose, scan the QR code on the page and watch the video together.

Have your child complete the activity **Words to Know from Unit 3.** Ask your child to explain how these terms help him or her understand the faith better. Have your child complete the activity **Missed Match** on page 205.

If you choose, scan the QR code on page 205 and have your child take the **Interactive Chapter Review**.

Pages 206-207 We Celebrate: Our Journey in Life

Pray with your entire family the prayer service on pages 206 and 207. You can read the lines for Leader and have family members be the Readers.

Page 208 Unit 3 Review

Have your child complete the crossword puzzle Life Savers on page 208 and discuss the quote from Saint Basil in the Words to Ponder feature. Together, share ways you and your family can apply Saint Basil's words.

If you choose, scan the QR code on page 208 and have your child complete the **Stump the Shepherd** unit review.

Complete the Families in Mission pages with your child.

SCRIPTURE

Read aloud the text and the Scripture in the sidebar on page 209. Say: *Jesus calls us to live in the light of God's love.*

UNIT 3

Chapter 25

KNOW AND PROCLAIM

Read aloud the **Know and Proclaim** text and the chart. Say: *Jesus' disciples live in his truth* and seek to learn how to apply and follow his teachings in daily life.

TEST YOUR CATHOLIC KNOWLEDGE

Read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. (ANSWER: king.) Say: *A true disciple is a servant-leader*.

Access additional Family Resources by scanning the QR code at the bottom of page 209.

Page 210 Families in Mission

A CATHOLIC TO KNOW

Read aloud **A Catholic to Know** on page 210. Explain that the saints show us how to love Jesus and others. Say: *Saint John was known as the "beloved disciple." We are called to Jesus' beloved disciples.*

WITNESS AND SHARE

Read aloud the **Witness and Share** introductory text. Then read aloud each faith statement in **My Way to Faith**, pausing after each one for reflection.

SHARE YOUR FAITH

Read aloud the directions in **Share Your Faith** and have your child complete the activity. Invite your child to tell you about what he or she wrote. Say: *When we share our faith, we are doing more than just talking about it. We are sharing our relationship with Jesus.*

Together, read 1 John 5:7–12 and reflect silently upon the reading to bring the chapter to a close.