

Overview

The At-Home Edition of *Christ Our Life* provides you with the opportunity to work with your child, using the Student Book, to grow together in faith. Whether you are doing home catechesis or seeking to be more deeply involved in your child's faith formation, these pages will give you the support you need.

Prepare

Designate a learning space where the lessons will take place. Before presenting the Student Book to your child, leaf through it. Pay particular attention to the following features:

- Traditional Catholic prayers found on the inside front and back covers
- Table of Contents
- **Families in Mission** pages that appear at the end of each core chapter
- **Special Seasons and Lessons** section
- **What Catholics Should Know** section
- **Glossary**
- **Lesson Pullout** pages

Pray that you and your child may recognize the presence of Christ in your lives today and every day.

Unit 1: The Mystery of the Church

Before You Begin

Read **A Letter Home**, found on page 2 of the Student Book. Decide how or whether you will experience the media for this unit and chapter using a web-enabled smartphone or tablet.

1. Prepare or collect any materials that you will need, such as a Bible, the *Christ Our Life* Student Book, a reflection notebook, and writing supplies.
2. Present the *Christ Our Life: The Church Then and Now* Student Book to your child.
3. Have ready a Bible bookmarked to 1 Corinthians 12:12–31, John 10:16, John 15:1–8, Luke 13:20–21, Luke 1:38, Luke 8:19–21, John 2:1–12, and John 19:25–27.

Page 1 Unit Opener

To highlight the special nature and purpose of the Student Book, call your child by name and present the book to him or her as you would a present. Say: ***Because this is such a special book, you will want to receive it and hold it reverently and with respect.*** Invite your child to demonstrate how to treat something with reverence.

Have your child read aloud the title of his or her book, *Christ Our Life: The Church Then and Now*, and the Unit 1 title, **The Mystery of the Church**. Then direct your child to the images on page 1. Invite your child to tell you what he or she sees in these three images. (There is a hand in clouds holding a light, a dove flying in front of a symbol with three circles, and two men in a setting that suggests antiquity.) Invite your child to tell you how these images might relate to a study of the Church. (The first image suggests a holy mystery, the second the Holy Trinity, and the third could be the apostles Peter and Paul, original church leaders.) Have your child read aloud the Scripture verse on page 1. Say: ***As we go through this book, you will be learning about the Church. In Unit 1, you will explore the Church as a mystery as you learn about its origins and early stages. You will also reflect on the importance of prayer in the Church and in our lives.***

If you choose, scan the QR code on the page and experience the media together.

Page 3 Chapter 1: A Community of Disciples

Together, brainstorm a list of movies, TV shows, and novels that fit the category of mystery. Describe what you both like best about mysteries. Emphasize to your child that these types of mysteries are presented to be solved. According to biblical tradition, however, a mystery is not something to be solved. Say: ***A mystery is something to be experienced or entered into but something that we cannot fully understand. With this book and with the help of the Holy Spirit, you will begin your journey into one of the greatest mysteries of our faith: the Church.***

The Church and You

Have your child read aloud the chapter title, **A Community of Disciples**, and the first paragraph of **The Church and You** on page 3. Invite your child to share his or her responses to the three questions posed in the paragraph. Affirm his or her responses; you might also wish to share your own.

Take turns reading aloud the next two paragraphs. Point out the words in blue and have your child read aloud the definitions of *mystery* and *Trinity* in the **Words to Know** box.

Have your child complete the activity **What's Your Understanding of the Church?** Invite your child to share why he or she checked the photo he or she did. If your child wrote something on the line below the photos, have him or her tell you more about what he or she wrote. Keeping in mind that there is not one correct answer to this activity, you might offer to share which photo you would have checked and why or what you would have written on the line.

Page 4 **The People of God**

Have your child read silently **The People of God** on page 4. Call attention to the terms in blue, *Church* and *Communion of Saints*. Have your child read aloud their definitions in the **Words to Know** box on page 5. Invite your child to express how this section has enriched his or her sense of what it means to belong to the Church. Affirm and/or guide his or her response based on the reading.

The Church Is Alive

Have your child read silently **The Church Is Alive**. Ask your child to describe one or more ways in which he or she experiences Jesus as alive in and working through the Church—and through him or her as a member of the Church.

If you choose, scan the QR code on page 4 and experience the media together with your child.

Page 5 **Images of the Church**

Take turns reading aloud with your child the first two paragraphs of **Images of the Church**. In your Bible, take turns reading aloud 1 Corinthians 12:12–31. Then have your child read aloud the remainder of the section in his or her book. Point out the words in blue and have your child read aloud the definition of *Mystical Body of Christ* in the **Words to Know** box. Say: ***We have just read about three images of the Church: Body of Christ (or Mystical Body of Christ), Temple of the Holy Spirit, and bride of Christ.*** Invite your child to respond to these images. Ask: ***How does each of these images reflect your relationship with Jesus and his Church?***

Pages 5–6 **How Jesus Saw It**

Have your child read aloud the opening paragraph of **How Jesus Saw It** on page 5. Help him or her locate John 10:1–16, John 15:1–8, and Luke 13:20–21 in the Bible. Take turns reading aloud the passages. Together, match each Scripture passage to the parable described on pages 5–6. Then allow time for your child to read silently **The Sheepfold**, **The Vine and the Branches**, and **The Leaven**. After reading each section, have your child complete the activity that corresponds to it: **Listening to the Good Shepherd**, **Explain Jesus' Parables**, and **Rise to the Occasion**. Invite your child to say more about one of the items he or she checked in the first and third activities. Invite your child to read aloud to you what he or she wrote in response to **Explain Jesus' Parables**.

Page 7 Mary, Mother of the Church

Invite your child to share with you what he or she knows about Mary. See if your child knows of any songs to or about, or images of, Mary. Ask what feelings Mary evokes for him or her.

Have your child read aloud **Mary: Mother of the Church** on page 7. Ask: *How do you try to follow Mary's example?* Discuss your child's response. Ask: *How do the aspects of Mary you have read about enrich your image of her?*

Have your child complete the activity **Full of Grace**. To prepare for the reflection in **A Moment with Jesus**, help your child find in your Bible the Scripture passage on which he or she would like to reflect. Let your child read and reflect for few moments. Join him or her if you wish. Conclude with the Sign of the Cross.

Page 8 The Sanctifier

Have your child read silently **The Sanctifier** on page 8. Point out the word *sanctify* in blue and have your child read aloud its definition in the **Word to Know** box.

Have your child complete the activities **The Ever-Present Spirit** and **Saint Joseph**. Invite your child to show you his or her T-shirt design. Comment as to what the design evokes for you and invite your child to respond.

Pages 9–10 Chapter Review

Direct your child to the **Chapter 1 Review** on pages 9–10. Lead him or her through the **We Remember** questions and review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Consider bookmarking the first page in the **Glossary** so it will be easy to access the next time. Allow time for your child to complete the **Your Turn** activities and answer the **We Respond** questions in his or her reflection notebook.

If you choose, scan the QR code on page 9 and have your child take the **Interactive Chapter Review**.

Allow time for your child to complete the review activities on page 10. Review his or her responses.

Encourage your child to follow Mary's advice. Say: *Mothers are good at giving advice. Part of the only words actually spoken by Mary in Scripture are good advice. She tells the servers at a wedding feast, "Do whatever he tells you."* [John 2:5] Remind your child to always do whatever Jesus tells him or her. Have your child reflect on what Jesus might be telling him or her to do or say today.

Pages 11–12 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Have your child read aloud the text and Scripture in the sidebar on page 11.

Say: *As Catholics, we proclaim the Gospel of Christ with one heart and one voice.*

KNOW AND PROCLAIM

Take turns reading aloud the introduction in **Know and Proclaim**, and then take turns reading aloud the two items in each row of the chart. For example, you might read column 1 in each row and your child column 2. Ask: *What does it mean to be Jesus' disciple?* (to follow Jesus and live per his teachings)

TEST YOUR CATHOLIC KNOWLEDGE

Have your child read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. [ANSWER: the message that Mary will be the Mother of Jesus] Ask: *How did Mary show her belief in Jesus?* (by being faithful to God; by standing by Jesus during his life and Crucifixion)

Access additional Family Resources by scanning the QR code at the bottom of page 11.

A CATHOLIC TO KNOW

Have your child read aloud **A Catholic to Know** on page 12. Ask: *How does Saint Hedwig inspire you to follow Jesus?* (by using my words and actions to share his teachings with others)

WITNESS AND SHARE

Have your child read aloud the **Witness and Share** introductory text and then each faith statement in **My Way to Faith**. Have your child pause and reflect after reading each one.

SHARE YOUR FAITH

Have your child read aloud the **Share Your Faith** directions and complete the activity.

Say: *Think about how the example of your life and witness can make a difference in your community.*

Encourage your child to work for peace and social justice. Discuss ways your family can help improve a situation in your community. For example, you could participate as a family at a community garden.

Chapter 2: Tracing Our Roots

Before You Begin

1. Decide how or whether you will experience the media for this unit using a web-enabled smartphone or tablet.
2. Bookmark your Bible to the beginning of the Gospel of Matthew. More specifically, you may want to be prepared to guide your child to some options for a direct teaching of Jesus in one of the Gospels for **A Moment with Jesus** on page 16.
3. (Optional) Locate a Catholic website such as that of the USCCB where you can access the daily readings for Mass.

Page 13 Your Family Tree

Page through a family photo album with your child and tell each other stories connected to the pictures. Ask: ***Why do we keep photo albums or prints of digital images?*** (to remember people in our families; to keep a history of the family) Have your child read aloud the chapter title, **Tracing Our Roots**, and the section **Your Family Tree** on page 13. Then work together through the activity **Researching Your Family**. Share stories related to your child's responses.

Have your child read aloud **Your Spiritual Roots**. Direct your child to the phrase *salvation history* in blue and have your child read aloud its definition in the **Word to Know** box. Ask: ***How does it feel knowing that at your Baptism, you took your place in salvation history?*** Say: ***The Old and New Testaments that make up the Bible provide us with the fascinating history of God's people.***

Page 14 A Genealogy of Faith

Have your child complete the activity **A Genealogy of Faith** on page 14. Work through one or two of the exercises as examples with him or her as necessary, and help him or her with any items he or she has trouble with.

Page 15 God's Plan of Loving Goodness

Have your child read aloud **God's Plan of Loving Goodness** on page 15. Point out the words *Paschal Mystery* and *justification* in blue and have your child read aloud the definitions in the **Words to Know** box. Discuss with your child how he or she personally experiences the Paschal Mystery and justification. For example, your child may express an awareness of God's saving love in daily occurrences, knowing that this love will lead him or her to heaven.

God's Written Word

Have your child read silently **God's Written Word** on page 15 and describe in his or her own words how he or she might experience reading Scripture as a conversation with God. Ask your child to provide an example. You might look online for today's daily readings and choose a portion of one for your child to describe how the reading is a portal to a conversation with God.

A Living Faith

Have your child read aloud **A Living Faith**. Draw his or her attention to the words *Tradition* and *Divine Revelation* in blue and have your child read aloud their definitions in the **Words to Know** box. Discuss with your child the fact that we can see the living Tradition each Sunday in the Mass. There we experience Tradition in the liturgy and the Creed. See if your child can state other ways.

If you choose, scan the QR code on page 15 and experience the media together.

Have your child assemble the **Scripture Prayer Booklet** in the back of his or her book. Explain that because God speaks lovingly to his children through Scripture, a good way to pray is by using Scripture. Suggest keeping the booklet in a place where your child will use it. Then have your child complete the first activity in the booklet.

Page 16 Your Spiritual Family

Lead your child in prayer using **A Moment with Jesus** on page 16. As needed, help your child locate in the Bible a gospel passage in which Jesus is talking. Once your child is settled, have him or her read the passage quietly at least twice to himself or herself, then close his or her eyes and reflect on Jesus' teaching. After a few minutes, conclude with the Sign of the Cross.

Have your child read silently **Your Spiritual Family**. Draw his or her attention to the words in blue and have your child read aloud the definitions of *catechumen*, *Purgatory*, and *Islam (Muslims)* from the **Words to Know** box. Ask your child about the religious practices of his or her friends and acquaintances. Invite your child to share impressions based on what he or she knows about the different faiths they follow.

On the Move

Have your child read aloud **On the Move**. Invite him or her to describe how he or she is a pilgrim in terms of his or her own life and tell about the support he or she has received from other pilgrims on their common faith journey.

Pages 17–18 Chapter Review

Direct your child to the **Chapter 2 Review** on pages 17–18. Lead him or her through the **We Remember** questions and review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Allow time for your child to complete the **Your Turn** and **We Respond** activities.

If you choose, scan the QR code on page 17 and have your child take the **Interactive Chapter Review**.

Allow time for your child to complete the review activities on page 18. Ask what in particular interested your child in completing these activities.

Encourage your child to read and reflect on a verse from the Bible every night before he or she goes to bed. Remind your child that reading Scripture is like entering into a conversation with God.

Pages 19–20 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Have your child read aloud the text and the Scripture in the sidebar on page 19. Say: *The Apostles show us what to do with the gifts we have been given by God.*

KNOW AND PROCLAIM

Take turns reading aloud the introduction in **Know and Proclaim**, and then take turns reading aloud the two items in each row of the chart. For example, you might read column 1 in each row and your child column 2. Ask: *What are some ways you learn more about our faith?*

TEST YOUR CATHOLIC KNOWLEDGE

Have your child read aloud the sentence and possible answers in **Test Your Catholic Knowledge**. Have your child complete the sentence. [ANSWER: all members of the Church on earth, in heaven, and in Purgatory] Ask: *In the coming days, think about our ancestors in faith as you face different situations.*

Access additional Family Resources by scanning the QR code at the bottom of page 19.

A CATHOLIC TO KNOW

Have your child read aloud **A Catholic to Know** on page 20. Say: *Saint Teresa is one of our many ancestors in faith to whom we can look as an example of how to follow Jesus.*

WITNESS AND SHARE

Have your child read aloud the **Witness and Share** introductory text and then each faith statement in **My Way to Faith**. Have your child pause and reflect after reading each one.

SHARE YOUR FAITH

Have your child read aloud the **Share Your Faith** directions and complete the activity. Say: ***Look again at the saint's trait that you wrote in Share Your Faith. Ask: How will imitating that trait help bring you closer to God?*** Ask your child to write a prayer asking his or her saint to intercede on his or her behalf.

Page 21 Chapter 3: A Closer Look**Before You Begin**

1. Decide how or whether you will experience the media for this unit using a web-enabled smartphone or tablet.
2. Have available drawing paper, and pencils, crayons, markers, or colored pencils or another medium for drawing or painting that your child likes to work with.

Ways You Are Growing

Say: *Today you will learn more about one of the high points of salvation history—the coming of the Holy Spirit to the Apostles and disciples. You will learn how the Spirit shapes the new People of God, the Church.*

Have your child read aloud the chapter title, **A Closer Look**, and the first section, **Ways You Are Growing** on page 21. Guide your child to understand that like him or her, the Church too was and is always growing.

How the Church Got Started

Have your child read aloud **How the Church Got Started**. Ask your child how Christ's Death and Resurrection brought people together into such a joyful, committed group. To help your child better understand how Jesus' Good News spread among people who did not experience the events when and where they occurred, ask: *How does good news spread quickly among your friends and then from one circle of friends to another?*

A Spirit-Filled Church

Have your child read aloud **A Spirit-Filled Church** on page 21. Direct his or her attention to the word *Pentecost* in blue and have your child read aloud its definition in the **Word to Know** box. Discuss what we celebrate on Pentecost each year at Mass at the close of the Easter season. If the makeup of your parish includes people from different language backgrounds, ask your child what he or she knows about this. Discuss the fact that the event at the first Pentecost showed that the Spirit unified Christians from all over the world who spoke many different languages.

Have your child read aloud the directions for the activity **Word of Advice** on page 21 and then complete the activity.

Page 22 The Church Is Made Known

Have your child read aloud **The Church Is Made Known** on page 22. Ask: *As with the early Christian community, how do we show in our parish that we are one?* Emphasize that we share our belief in Jesus, his Resurrection, and teachings; we receive the Eucharist together; we pray together; and we help one another meet our needs. Say: *When people stand together as one, they are exhibiting solidarity.*

Page 22 Guided by the Holy Spirit

Have your child read aloud **Guided by the Holy Spirit** on page 22. Ask him or her how the Spirit helped the first Christians. (The Spirit poured out on them the power to witness, to heal, and to work wonders in Jesus' name. The Spirit enlightened them about the life and teachings of Jesus.) Ask: **How does the Spirit help the Church today?** (The Holy Spirit continues to give us new insights into truth and helps us grow.)

Have your child read aloud the directions for the activity **Past and Present** and complete the activity. Discuss with your child all the positive aspects of being part of your parish community and why you think it might be attractive to people who don't yet know about it.

Direct your child to the Prayer to the Holy Spirit on the inside front cover of their books. Pray aloud together the prayer and conclude with the Sign of the Cross.

If you choose, scan the QR code on page 22 and experience the media together.

Pages 22–24 Models of the Church

Have your child read aloud the first two paragraphs of **Models of the Church** on page 22. Then have your child read silently the sections describing the models on pages 22–24.

Have your child read aloud the directions for the activity **Posting the Good News** on page 24 and then complete the activity. Invite your child to share with you what he or she has written.

Provide your child with drawing paper and materials to draw and/or paint with. Have him or her choose one of the models of the Church described in the text—institution, herald, mystical communion, servant, sacrament, or community of disciples—and design a symbol for it. Have your child title the design with the model he or she chose to represent. Invite your child to explain his or her symbol to you when he or she has completed it.

Page 24 The Domestic Church

Have your child read aloud **The Domestic Church** on page 24. Allow time for him or her to write about how a Catholic family lives each model of the Church and discuss your child's thoughts.

Have your child read aloud the directions to the activity **Posting the Good News**, and allow time for your child to write a social media post.

Have your child read aloud **A Moment with Jesus** on page 24. Allow time for him or her to spend in prayerful reflection with Jesus. Then discuss some ways that your family can share in Jesus' mission through your words and actions right now.

Pages 25–26 Chapter Review

Direct your child to the **Chapter 3 Review** on pages 25 and 26. Lead him or her through the **We Remember** questions and review the **Word to Know** in this chapter by locating the word and its definition in the **Glossary**. Allow time for your child to complete the **We Respond** and **Your Turn** activities.

If you choose, scan the QR code on the page and have your child take the **Interactive Chapter Review**.

Allow time for your child to complete the review activities on page 26. Discuss his or her responses.

Pages 27–28 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Have your child read aloud the text and the Scripture in the sidebar on page 27. Say: *The covenant that God made with the Israelites is our covenant too. We are called to work for justice for all God's people.*

KNOW AND PROCLAIM

Take turns reading aloud the introduction in **Know and Proclaim**, and then take turns reading aloud the two items in each row of the chart. For example, you might read column 1 in each row and your child column 2. Ask: *How do we recognize the presence of the Holy Spirit in our home?* (We treat each other with respect.)

TEST YOUR CATHOLIC KNOWLEDGE

Have your child read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. [ANSWER: the Body of Christ] Say: *Models of the Church help us understand how the Church works.*

Access additional Family Resources by scanning the QR code at the bottom of page 27.

A CATHOLIC TO KNOW

Have your child read aloud **A Catholic to Know** on page 28. Discuss with your child how teaching young children about Christ helps spread God's kingdom.

WITNESS AND SHARE

Have your child read aloud the **Witness and Share** introductory text and then each faith statement in **My Way to Faith**. Have your child pause and reflect after reading each one.

SHARE YOUR FAITH

Have your child read aloud the directions to **Share Your Faith** and complete the activity. Discuss the possibility of volunteering as a family with a parish ministry or service agency. Say: *We can be the hands and feet of Christ for others and make an important difference in their lives.* Pray aloud together the Act of Love on the inside back cover of your child's book. Conclude with the Sign of the Cross.

Page 29 Chapter 4: A People of Prayer**Before You Begin**

Bookmark your Bible to Luke 18:1–8.

Learning to Pray

Have your child read aloud the chapter title, **A People of Prayer**. Say: *We have seen that the Spirit came to the disciples while they were at prayer and that oneness in prayer was one of the characteristics of the early church community.* As the Church—the People of God—we are a people of prayer.

Discuss with your child the prayer practices you observe in your family.

Have your child read aloud **Learning to Pray** on page 29.

Have your child read aloud the directions to the activity **Your Experience of Prayer** and complete the activity. Invite your child to elaborate on one or more of the experiences he or she checked.

A Family's Story of Prayer

Take turns reading aloud **A Family's Story of Prayer**. If you have had a similar experience in your family, invite your child to talk with you about it. Otherwise, invite your child to share about any experience of prayer he or she has shared with others.

Prayer Is . . .

Read aloud to your child **Prayer Is . . .** at the bottom of page 29. Ask your child when he or she might pray in any of these ways. Say: *Since Jesus is your best friend, you can communicate with him in prayer just as you communicate with a friend. You may talk about your experiences and share your confidences, or you may be silent.*

Page 30 Prayer: A Must

Take turns reading aloud with your child the paragraphs and Scripture in **Prayer: A Must** on page 30. Share with your child ways each of you joins yourself to Jesus' prayer, in daily life and at Mass.

Jesus' Words on Prayer

Take turns reading aloud with your child the paragraphs and Scripture in **Jesus' Words on Prayer**. Have your child read aloud Luke 18:1–8.

Great Pray-ers

Take turns reading aloud with your child **Great Pray-ers**. Ask: *What attitude made Mary a woman of prayer?* (her listening attitude) Ask your child how he or she would describe a listening heart.

Say: *When we pray, it's good if we don't do all the talking. We should spend time listening to what God says to us.* Ask: *What saint do you admire most and why?* Listen to your child's answer. Say: *Prayer can make you a saint too.*

Page 31 **The Prayer of the Church**

Take turns reading aloud with your child **The Prayer of the Church** on page 31. Point out the terms *liturgy* and *Liturgy of the Hours* in blue. Have your child read aloud their definitions in the **Words to Know** box. Ask your child to share a time in his or her daily life when he or she might pray any of the types of prayer prayed at Mass: adoration, contrition, thanksgiving, petition or supplication, and intercession.

Pages 32–33 **Praying the Liturgy of the Hours**

Read aloud together **Praying the Liturgy of the Hours** on page 32. Take the part of the Leader and of Side 1 as you and your child read together the **Song, Psalm 98**. Have your child take the part of Side 2. Pray the “All” parts together. Pray the **Night Prayer** together.

Pray together the five prayers on page 33. Take the part of the Leader. Pray the “All” parts together. Ask your child to be the Reader for the **Reading**.

Page 34 **Prayer Times**

Have your child read silently **Prayer Times** on page 34. Have your child schedule times for prayer and write them in his or her reflection notebook.

Prayer Places

Have your child read silently **Prayer Places** and write in his or her reflection notebook his or her preferred places to pray.

Never Give Up!

Have your child read silently **Never Give Up!** Say: *Prayer is like a friendship. It takes time and effort. The important thing is persistent love and care.*

Ora et Labora

Have your child read silently **Ora et Labora**. Emphasize the relationship between prayer and work.

Have your child read aloud the directions and complete the activities **Prayer Stories** and **When Do You Pray?** Discuss your child's responses to both activities.

Read aloud to your child **A Moment with Jesus**. Have your child close his or her eyes and visualize his or her favorite place to pray. As your child does so, prompt him or her to be aware of how in this place, there are few or no distractions, and he or she can focus all his or her attention on Jesus.

Pages 35–36 Chapter Review

Direct your child to the **Chapter 4 Review** on pages 35–36. Lead him or her through the **We Remember** questions and review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Allow time for your child to complete the **Your Turn** activities and answer the **We Respond** questions in his or her reflection notebook.

Allow time for your child to complete the review activities on page 36. Review his or her responses.

If you choose, scan the QR code on page 35 and have your child take the **Interactive Chapter Review**.

Encourage your child to pray often.

Pages 37–38 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Have your child read aloud the text and the Scripture in the sidebar on page 37.

Say: *Praying is having a conversation with God.*

KNOW AND PROCLAIM

Take turns reading aloud the introduction in **Know and Proclaim**, and then take turns reading aloud the two items in each row of the chart. For example, you might read column 1 in each row and your child column 2. Say: *There is no right or wrong way to pray.*

TEST YOUR CATHOLIC KNOWLEDGE

Have your child read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. [ANSWER: the Lord's Prayer] Say: *The disciples asked Jesus to teach them how to pray.*

Access additional Family Resources by scanning the QR code at the bottom of page 37.

A CATHOLIC TO KNOW

Have your child read aloud **A Catholic to Know** on page 38. Say: *John Vianney invited people into a closer relationship with God through prayer. God calls us to do the same.*

WITNESS AND SHARE

Have your child read aloud the **Witness and Share** introductory text and then each faith statement in **My Way to Faith**. Have your child pause and reflect after reading each one.

SHARE YOUR FAITH

Have your child read aloud the **Share Your Faith** directions and complete the activity. Invite your child to share the prayer he or she has written with other family members.

Say: *We are a people of prayer. We ask for God's blessing, we express thanks, and we ask for help, not only for ourselves but also for the whole world.*

Page 39 Chapter 5: A People of Service**Before You Begin**

Bookmark your Bible to Matthew 5:3–10 and to Matthew 25:31–46.

We Are Builders

Have your child read aloud the chapter title, **A People of Service**. Say: *In this lesson, you will reflect on one of the basic ways that we build Christ's Church: service.*

Have your child read aloud **We Are Builders** on page 39 and complete the activity **The Work You Do**. Invite your child to share his or her answers with you.

Page 40 Building of Stone

Take turns reading aloud with your child **Building of Stone** on page 40. Call attention to the picture at the bottom of the page. Say: *This is the Chartres Cathedral, the one François and his father helped build.* You and your child might wish to briefly research the cathedral online together. If you and/or your child have worked with others in your parish to build or make something, you might share about the experience.

Living Stones

Have your child read aloud the Scripture from Ephesians and **Living Stones**. Call your child's attention to the beauty of the language and the metaphor in the Scripture.

Have your child read aloud the directions to **Building a Cathedral** and complete the activity. Discuss how the work is similar when people work together not just on a cathedral but on any project for the service and glory of God.

Page 41 Be a Builder

Have your child complete the activity **Consider Your Strengths** at the top of page 41. Invite your child to share with you his or her answers to the questions. Affirm your child's responses.

Take turns reading aloud with your child **Be a Builder** and the Scripture that follows it. Have your child point out the word *witness* in blue and read aloud its definition in the **Word to Know** box. Ask: *What are some ways we as a family witness to others?* Discuss your and your child's responses.

Building in Love

Have your child read silently **Building in Love**. Ask how Jesus guides your child to use his or her unique gifts to help spread Jesus' love.

Recognizing Your Gifts

Take turns reading aloud with your child **Recognizing Your Gifts** on page 41. Have your child write in response to the last paragraph in his or her reflection notebook.

Page 42 **Jesus the Cornerstone**

Take turns reading aloud with your child the the Beatitudes, found in Matthew 5:3–10. Then have your child complete the activity **Blessed Are . . .** on page 42.

Have your child read aloud **Jesus, the Cornerstone**. Point out the words *Beatitudes* and *corporal works of mercy* in blue, and have your child read aloud their definitions in the **Words to Know** box.

You Make a Difference

Have your child read silently **You Make a Difference**. Invite him or her to share his or her responses to the two questions at the end of the paragraph.

Have your child read silently **A Moment with Jesus**. Have him or her open to Matthew 25:31–46 in the Bible and read it silently. Have your child close his or her eyes as you read aloud the last two sentences, beginning with “Ask Jesus . . .”

Pages 43–44 **Chapter Review**

Direct your child to the **Chapter 5 Review** on pages 43–44. Lead him or her through the **We Remember** and **We Respond** questions. Review the **Words to Know** in this chapter by locating the words and their definitions in the **Glossary**. Allow time for your child to complete the **Your Turn** activities.

Allow time for your child to complete the review activities on page 44. Review his or her responses.

If you choose, scan the QR code on page 43 and have your child take the **Interactive Chapter Review**.

Pages 45, 48 **Unit Review**

Have your child complete the activities in the **Unit 1 Review** on pages 45 and 48.

If you choose, scan the QR code on page 45 and have your child take the **Interactive Unit Review**.

Pages 46–47 **We Celebrate**

Prayerfully hold with your child the celebration **Called to Be Church** on pages 46–47. Take the role of the Leader. Have your child be Readers 1–6. Say the “All” parts together. Sing together the opening and closing songs. These may be songs you know from Mass.

Pages 49–50 Families in Mission

Complete the **Families in Mission** pages with your child.

SCRIPTURE

Have your child read aloud the text and Scripture in the sidebar on page 49. Ask:

How can you use your talents to proclaim the Good News of Jesus?

KNOW AND PROCLAIM

Take turns reading aloud the introduction in **Know and Proclaim**, and then take turns reading aloud the two items in each row of the chart. For example, you might read column 1 in each row and your child column 2. Ask: ***How does blessing yourself proclaim your faith to others?*** (It is a sign to others of my beliefs.)

TEST YOUR CATHOLIC KNOWLEDGE

Have your child read aloud the question and possible answers in **Test Your Catholic Knowledge**. Have your child answer the question. [ANSWER: serving others] Say: ***By serving, we share our faith.***

Access additional Family Resources by scanning the QR code at the bottom of page 49.

A CATHOLIC TO KNOW

Have your child read aloud **A Catholic to Know** on page 50. Say: ***The Church's treasure is all its people.***

WITNESS AND SHARE

Have your child read aloud the **Witness and Share** introductory text and then each faith statement in **My Way to Faith**. Have your child pause and reflect after reading each one.

SHARE YOUR FAITH

Have your child read aloud the **Share Your Faith** directions and have your child complete the activity.

Pray with your child Saint Ignatius's Prayer for Generosity:

Eternal Word, only begotten Son of God,
Teach me true generosity.
Teach me to serve you as you deserve,
To give without counting the cost,
To fight heedless of wounds,
To labor without seeking rest,
To sacrifice myself without thought of any reward,
Save the knowledge that I have done your will.
Amen.