

# With My Family

## Scripture Together

After Jesus' Resurrection, his disciples gathered together. Suddenly they heard a loud noise like a strong wind. The Holy Spirit came to them. He helped them speak in many languages. People from every nation understood them.

As a family, read about Jesus' friends being filled with the Holy Spirit in **Acts of the Apostles 2:1–6**. When you have finished, discuss the Scripture. You may use the following questions to prompt discussion:

- How did the Holy Spirit come to the disciples?
- What can the gift of the Holy Spirit help you do as a disciple?
- How can you help others understand God's message?

## Faith on the Go

Ask one another: *How can you thank the Holy Spirit for always being with you?*

### ACTIVITY: Opening up to the Holy Spirit

Go outside and find a place to sit. Close your eyes and breathe deeply in and out. Feel the warmth of the sun. Feel the wind. Listen to the sounds around you. Open your heart to the presence of the Holy Spirit. Take turns praying, asking for help with something. Ask the Holy Spirit to give you courage, joy, and peace.



## Family Prayer

### Pray together:

Come, Holy Spirit. Guide our thoughts and our deeds. Amen.

