

With My Family

📖 Scripture Together

Before Jesus died, he shared a meal with his friends. We call this meal the Last Supper. Our most holy celebration of the Mass comes during Holy Communion. When we share the consecrated bread and wine, we receive the Body and Blood of Jesus.

As a family, read about the Last Supper in **Mark 14:22–25**. When you have finished, discuss the Scripture. You may use the following questions to prompt discussion:

- What did Jesus say when he broke the bread?
- What might you have said to Jesus at the Last Supper?
- How is Jesus' Last Supper like our celebration of the Mass?



Family Prayer

Pray together:

Dear God, thank you for the food you give us. Help us remember that you are with us. Amen.

Faith on the Go

Ask one another: *What's your favorite part of the Mass? Why?*

ACTIVITY: Family Meal

Work together to plan a special meal. Have all family members participate. Pray a blessing before and after the meal thanking God for food and family.

