

With My Family

Scripture Together

As we prepare to celebrate the Sacrament of Penance and Reconciliation, we remember that Jesus is merciful and brings us forgiveness and peace. He is the one ready to help us carry our burdens and set us free.

As a family, read **Matthew 11:28–30**. Then discuss the Scripture passage using the following questions to guide you:

- What does Jesus promise when you are troubled, knowing that you can deliberately hurt others and need forgiveness?
- How does it feel to know that you can let down your burden?
- What can you do to prepare to celebrate the Sacrament of Penance and Reconciliation?

Ready for the Sacraments

Privately consider: *What wrongs have I done to another that I can bring to the Sacrament of Penance and Reconciliation?*

ACTIVITY: Celebrate Together

Set aside a time when the entire family can celebrate the Sacrament of Penance and Reconciliation by going to confession.



Family Prayer

Pray together:

Dear God, help us remember that you love us and will always forgive our sins. Amen.

