

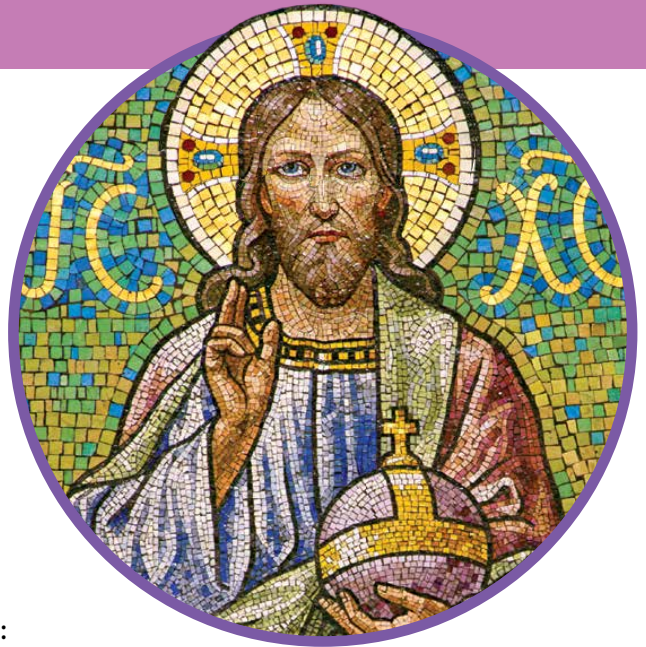
With My Family

Scripture Together

Jesus spoke about how the ways of the Kingdom of God are opposite to the ways of the world. He said the last will be first, the poor are rich in faith, and those who make sacrifices to follow Jesus receive more than they had before.

As a family, read **Mark 8:34–35**. Then discuss the Scripture passage, using these questions to guide you:

- What must someone do to follow Jesus?
- What do you think Jesus meant when he said a person must lose his or her life to save it?
- How can you take up your cross to follow Jesus?



Family Prayer

Pray together:

Dear Jesus, give us the strength to lay down the things that keep us from following you. Help us know that when we take up our cross, you bless us richly. Amen.

Ready for the Sacraments

Make a list of traits that describe Jesus, such as *loving*, *faithful*, and *merciful*. Remember those traits when you receive the Eucharist, because in this sacrament we become like Jesus.

ACTIVITY: Helping Hands

Think of a friend or relative who is in need. As a family, discuss how you can help the person.

