

# With My Family

## Scripture Together

Our choices are like seeds that are planted in the ground and result in consequences, either positive or negative. God wants our actions to be guided by the Holy Spirit so we can reap a harvest of joy and abundant life.

As a family, read **Galatians 6:7-10**. Then discuss the Scripture passage, using the following questions to guide you:

- What should you not grow tired of doing and why?
- Many people have heard the saying that you reap what you sow. What do you think this means?
- What simple things can you do to continue in good deeds when you feel weary?



### Family Prayer

#### **Pray together:**

Dear God, help us make good, moral choices so we can do what is best for ourselves and others. Amen.

### Ready for the Sacraments

Hold hands before a family meal. Invite everyone to imagine the love you have for one another flowing around the circle. Together pray that you will always remain connected to God and one another.

#### **ACTIVITY: Make a Difference**

As a family, choose an organization that helps others. Think of a simple way you can volunteer or do something to support the organization.

