

With My Family

📖 Scripture Together

Jesus taught his followers to pray with a pure heart. We do not pray to impress others. We pray to be close to God the Father, who knows all our needs.

As a family, read **Matthew 6:5–8**. When you have finished, discuss the Scripture using the following questions to guide you:

- How did Jesus describe the act of prayer?
- Where do you go when you want to pray quietly?
- How can you make more time for prayer?



Ready for the Sacraments

Talk with your family about your Baptism, including your godparents, the celebration, and how the Church welcomed you to the family of God.

ACTIVITY: Trust One Another

As a family, model trust. Take turns wearing blindfolds and guiding one another. Talk about how trust and prayer can be a source of guidance. Be sure an adult leads this activity.



Family Prayer

Pray together:

Dear God, help us trust in you always. Amen.

