



# With My Family

## Scripture Together

An early Church leader named Paul traveled to many places to tell people about Jesus. He wrote letters to the Christians he had visited. Paul wrote about praying for ourselves and for other people.

As a family, read about prayer in **Ephesians 6:18–19**. When you have finished, discuss the Scripture. Use the questions below to guide you:

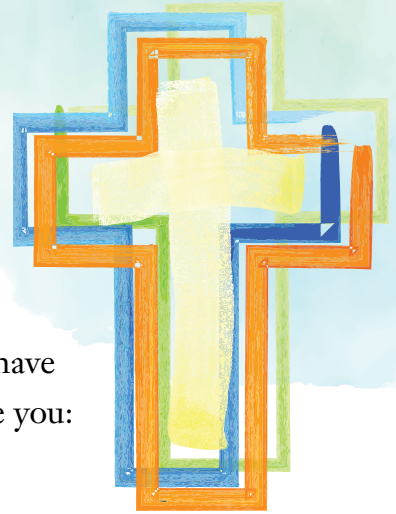
- How often does Paul suggest that people pray?
- On what occasions might you have prayed today, even if only for a second?
- Describe a moment in your day today and a prayer that could go with it.

### Faith on the Go

Ask one another: *Which sacramental in our home is your favorite? Why?*

### ACTIVITY: Share a Family Dinner

At dinner, ask each family member to describe a highlight of his or her day. Listen carefully. Each family member should learn more by asking one question of the person sharing.



### Family Prayer

#### Pray together:

Dear God,  
Thank you for blessing us with the gift of your Son, Jesus, and for the sacraments and sacramentals that help us grow in faith. Amen.

