

With My Family

Scripture Together

Jesus gathered with his disciples for the Passover meal on the night before his Death. There he gave himself to his disciples under the appearances of bread and wine. Each of the four Gospels has an account of the Last Supper.

As a family, read the account of the Last Supper in [Mark 14:22–26](#). When you have finished, discuss the Scripture. Use the questions below to guide you:

- What did Jesus give his disciples at the Last Supper?
- What would the experience be like of sitting with Jesus as he served you bread and wine?
- When you eat together as a family, how do you know Jesus' presence?



Family Prayer

Pray together:

Dear God, thank you for the Mass, where we celebrate the Eucharist with all our brothers and sisters. Amen.

Faith on the Go

Ask one another: *How do you prepare yourself to receive the Body and Blood of Jesus Christ when we celebrate the Eucharist? What do you do afterward?*

ACTIVITY: Family Meal

After celebrating Mass as a family, share a meal. Have each member help prepare for the meal, such as by setting the table or pouring drinks. Then serve food to one another.

