

With My Family

✚ Scripture Together

After his Resurrection, Jesus appeared to his disciples. They were still trying to understand what had happened to Jesus. They knew they had to continue his ministry, but they were fearful.



As a family, read about the beginnings of the Sacrament of Penance and Reconciliation in **John 20:21–23**. When you have finished, discuss the Scripture. Use the following questions to help guide your discussion:

- Why did Jesus send the Holy Spirit?
- How do you seek God’s forgiveness in your own life?
- How do the people in your family try to restore relationships when they have conflicts or challenges?



Family Prayer

Pray together:

Dear Jesus, we are sorry for the times we make bad choices and sin. Remind us to be kind and treat others as you would treat them. Amen.

Faith on the Go

Ask one another: *What first step can you take to bring healing to our family? To the world?*

ACTIVITY: Healing the World

Think about ways in which the world needs healing. Each day this week, write one global problem on a sheet of paper and display it in a prominent place. Before each meal, discuss it, pray about it, and suggest actions you can take to help.

