

# With My Family

## Scripture Together

God forgave David for his bad decisions. He did this because David was truly sorry and wanted to make better choices. If we show sorrow for our sins and want to do better, God will forgive us. The Sacrament of Reconciliation is always available to us.

As a family, read David's prayer of lament, or sorrow, in **Psalm 51:3–6**. When you have finished, discuss the Scripture. Consider the following questions to guide discussion:

- Why is David praying a prayer of sorrow to God?
- How can you know if you are making a good or bad decision?
- How do you ask for forgiveness when you have done something wrong?



## Family Prayer

### **Pray together:**

Dear Lord, remind us always to seek your help as we make difficult decisions. Amen.

## **Faith on the Go**

Ask one another: *What can you do to ensure you make choices that bring you closer to God?*

## **ACTIVITY: Good Decisions**

Lead your family in a mealtime discussion about difficult decisions you have each made this week. Discuss your decisions, how you made them, and if they were good or bad.

